



# THE DIVINE COOL BREEZE

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have always been  
a little different from  
the mundane crowd.

ONE TALK 8 JUNE 1980 DOLLIS HILL LONDON

# SUBTLETY

to understand the value of Sahaja Yoga

**It is only possible for people who are of a subtler nature to understand the value of Sahaja Yoga, to hold to the values of Sahaja Yoga and to retain it in this fragmented world.**

The world is fragmented and everybody is acting towards one's own destruction. All the values which people follow are gross values. Most of the values are absolutely gross.

So for Sahaja Yoga, we have to have people who are trying to justify their subtleties. Such subtler people have always been a little different from the mundane crowd. And these people always express themselves in such a manner that their existence itself suggests that they are trying to cement the whole world. You can feel that. There are those who can feel that there is an element within us which makes us laugh at the stupidity of others, who may appear to themselves to be very seriously doing certain things. But to us, it seems as if it is rather stupid to waste their lives.

# calibre

Guru Puja 1996.07.28

**ALL THESE THINGS**, even video, even the way you are seeing My image there, was that available before? No, so this is a very special time where science has also supported seekers to find the truth. Science has supported. We have to be thankful to science, that part of science, which has been so much supportive. Even if there was not a car, I could not have gone.... Imagine going on a bullock cart, what would have happened to Me. So all these things are created today for you. You were also born in these times for this special reason. They could not give Realization because that time you were not there. Very few people of your calibre were there. But I wonder if you understand your calibre, the way you are sometimes growing shows that you do not understand your calibre. You do not know what you are, how much the whole atmosphere has worked out for you. The science has been worked out for you. Science is a gift of the nature. All this has been worked out for you to achieve the highest state in the shortest time. But for that, one has to be extremely introspective. Instead of thinking of what you have to achieve, be introspective. This introspection will help you and you will really become real gurus. When you go to other villages, other places, other cities, people should know from your being itself that some great person has come. You do not have to tell. You do not have to certify. It is the simplicity of your temperament itself...

In My lifetime, if I see so many of you so much transformed, looking so beautiful, so nice, creating such a good atmosphere, it is more than satisfaction for Me and sometimes I think there is nothing to be done now any more – finished. But then they invite Me here and they invite Me there, so I am just doing. But to be very frank, I am over-satisfied.

# People with that calibre and dynamism will be settled in Sahaja Yoga.

**This is a calibre of different people.** First, these people with that calibre and that dynamism within them, will be settled in Sahaja Yoga – not the ordinary gross type. But because our doors are open to everyone, because there is no charge or anything for anything, all sorts of people come in. And when they come in, they do not know what they want. Out of them, some could be the grossest of all. Some might be just walking in to take out some things, just to steal something possibly.

I have seen all kinds of people coming to Sahaja Yoga. Such people, when they find that there is something available, they come in and go away. Another kind, maybe, who is coming here, is the ones who are extremely gross. They can think that they can make some liaison work here. By having connections with different people, they can exploit it and make some money out of it.

So money-mindedness is a very gross thing. It is a very gross thing. If people are money-minded, then Sahaja Yoga does not work out well with them. If you always think about money, of your insurance, about how the carpet is spoiled, this has happened, that happened – such people are very difficult. But lower than these are the people who come here to have some sort of an exploitation out of Sahaja Yoga. Such gross people also come in and, when they find that they cannot work out their plans, they get out of it.

Now the third type of people who come here, they come for some material gain from Sahaja Yoga – maybe physical gain also. Like somebody is sick, so they come for their sickness. It is a very gross way of looking at things, to come to Sahaja Yoga for getting cured. So when they get cured they disappear. It is quite stupid, isn't it?



# The calibre of a person who just wants to become can never be deterred.

Then some people come with the idea that maybe, with Mother's blessings, their financial problems will be solved – only with that idea. Then they also get their financial problems solved and they get out. But some of them do not. Some of them cannot manage what they want to have, then they get upset.

Now the best calibre, of the subtlest form, are those who are just seeking Sahaja Yoga, who are just seeking union with God – nothing else. That is the best calibre. That calibre works hard. It has a very concentrated effort. It understands Sahaja Yoga very quickly.

The only thing is that because of the western habit of thinking, some of the people, though they have a calibre, circulate around themselves. They go on thinking about it, discussing about it, arguing about it and then they become stationed at a point. Otherwise it goes a little around and around itself. They have a calibre. They have a height. They definitely have. As we say, they have that weight in them. They can feel their element. But still they go on as a habit because they are used to it. They go on encircling around and around and around. They have to steady themselves.

But the calibre of a person who just wants to be, to become, can never be deterred by anything because he is subtle in a way. In his lifetime, he feels the subtleties of the unconscious. He has felt his archetype images of these Deities. He has known them. He had these eruptions within him. He identifies and he recognizes the subtleties that he has felt and he tallies them with Sahaja Yoga. And Sahaja Yoga gets him like that.

# many lives

Sahasrara Puja 1992.05.10

**IF I SAY SOMETHING** people start thinking that I am saying for somebody else. They never take it for themselves.... What you should have is the understanding of your own personality, which is being specially fashioned many, many lives for you to come in this life to get your Realization, to do the further work of will of God. Every moment when you see a miracle taking place you do realize that it is all done by Paramachaitanya. But what is Paramchaitanya? It is the will of Adi Shakti. And what is Adi Shakti? It is the will of God. So all, whatever is done, is all fixed entities, we can call them. These vibrations are like DNA tapes. They all know how they have to fashion.... The whole cosmos is working for you. You are on the stage now and you have to see to it, But if you do not have faith in yourself, if you are not confident as to what you are, how can you help? How can you work out yourself and work out all the problems of the world, which are created only by human beings? So we have to absolutely overthrow all these dominations on us.... Now you have become lotuses and the lotuses have to throw away all this dead mud, otherwise the fragrance won't be there. That one has to achieve, to throw away all these shackles which are killing you, which are of no use, but a burden. And beautiful lotuses, as you are you, have to understand that the whole fashioning has been done so carefully, with such sweetness, with such delicacy.

# Those who stay are the people who are subtle by nature.

Now these subtleties, which I am describing to you, come to you not through your mental effort of this lifetime, but come to you from **the experiences of many lives** you have gone through. And as soon as you come near Sahaja Yoga, you start sucking. That is the best calibre.

But because the door is open ajar, the grossest of gross also can come in. But sometimes they come this way and go back the same way. Some of them, they come half way and rush back. Some of them come inside and get out from the other side.

But those who stay are the people who are subtler by nature. It is a very subtle happening. If you have lost your subtleties – some people, as I said, even doing hard work with your fingers, you become insensitive. Even with physical disrespect to your fingers, you become a little bit insensitive. Even when you get your Realization, you may not feel the vibrations that well. But that is not so important.

Of course, vibrations you must feel for Realization, but maybe due to some external reasons also or maybe due to some physical problem, you may get a situation where you may not feel the vibrations so much. But doubts would not rise in your minds because there are no vibrations. You would just think that “Yes, the vibrations are not there, I must get my Vishuddhi chakra all right. But it is there.” And even if the doubts come in, a subtle person will fight it, will argue it out, but a gross person won't.



# A genius is a person who has those sensitivities.

The subtle person is a brave man and his bravery comes from his built-in capacity of those subtleties. He does not succumb to doubts. He just sees it. He fights it. He does not succumb to it. But Sahaja Yoga is such a wonderful thing, even those people, who sometimes looked very gross, suddenly come out with such a beautiful manifestation of subtleties that it is surprising. But that is exceptional.

The mind in the human brain is subtle on certain points and gross on some points. It is most surprising. Maybe it is the background. It is a very subtle subject, you see. Please pay attention.

If a genius is created, they call it a prodigy, but I would call it a genius. There is a difference between a prodigy and a genius. A prodigy is a person who, for a short time of their lifespan, suddenly becomes very talented and after some time the talent goes away. And a prodigious person may be mentally absolutely very, very low – very low.

So it is done by some sort of a spirit possession. But a person who is a genius is a person who has those sensitivities. The mind, which is covered with thoughts, which is thickened, which is gross, can be thinned out at certain points and could be very sensitive to certain points. For example, some people could be very sensitive to music, some could be to art, some could be to human beings, some could be to other things, which might make them rare people.

# the beyond

1979.05.01

**BEFORE THE HUMAN STAGE**, we never cared for the beyond.... To make somebody think about the beyond, how do you do it? First, you create an atmosphere by making him feel that he is imprisoned. A bird who has got all the sky to fly out does not bother about the sky, but put him in the cage, then he starts seeking out the Divine in the same way as a human being. I mean this may sound very ugly and very cruel, but it is not that. What I am trying to say is the shelling of man is played because his ego and superego developed because he raised his head in his evolutionary process. And when these two meet, then there is this I-ness, this separateness, this human bondage. Now the desire came to go beyond. Now, for the first time, the evolutionary process has started working itself through. This desire to go beyond the evolutionary process started working in human beings. It started moving this side, that side, working out that little bit of this. In the search, so many sorts of ideologies, so many sorts of isms started, yogas developed. There is no end to it, to go to God. But it is to be understood that everything has been done by this desire. If you could just know that “Thy will be done” is the theme of evolution, if you could feel that from your heart you are Sahaj, that is what it is.... To accept “Thy will be done” is the most difficult thing for human beings and that is why to be Sahaj is a difficult thing.

# If such a person is a realized soul, **then the expression is heavenly**

But these subtler things, which create your personality, always indicate in your being that **there is something of the beyond** which is throwing some images within you. Such people are conscious of them, that there are some images which are throwing these subtle ideas within you. They are erupting some new commotion within you and, once you start feeling them, you are compelled to put them down somewhere. That is how the poets are created, musicians are created, great masters are created.

Now the fashioning of these subtle ideas is another job, but the beauty of these subtle ideas is this: that they are universal in nature. If they were not, they would not be so much appealing to everyone.

So there is something universal in those. And that universality, when manifested or fashioned into some expression, then it is absorbed universally. Now it depends on the person, how much he is closer to those images and to the image of his Spirit.

If such a person is a realized soul, then the expression is heavenly. The fashioning of those expressions, of course, is determined by the surroundings, the different atmosphere, the traditions and all that in which the people have lived. That is the fashioning part of it. But the universal essence of everything, that element which is universal, is manifested in a particular fashion.

The more a person is nearer to his Self, even the fashioning is very universal in nature. Then such a person does not try to be moulded by traditions so much. But the traditions which have come through meditateness or through realized souls definitely give him a better chance of expression.



# The fashioning that comes from inside could be the teachings of the great masters.

So the fashioning also evolves gradually in every country, in every place, until it reaches the point where people start understanding them in meditation. Now there are two types of fashioning. One is the fashioning that comes from outside, the other from inside. The fashioning that comes from inside could be the teachings of the great masters, who are realized souls and your own understanding of the work of these great masters. The other style could be that you see what people have been producing, all of them, and you gather out of that and fashion your manifestation accordingly. In the second type of thing, they may be realized, they may not be realized.

Now, when we go to Sahaja Yoga, even a person who is not a genius, who has never been a genius, who had no idea of any special expression in life, can get Realization and of the highest type – maybe much more than a genius because a genius might have become a *geni-ass* by now, you see. His ego must have bloated out. He might be a *geni-ass* instead of a genius.

But a Sahaja Yogi, when he gets his Realization, his Realization is a sign not of his subtleties, but of his Kundalini, in what condition She is. If the Kundalini is absolutely frozen, that means a person has no desire to have Realization. He is coming to Sahaja Yoga to make some money out of it or to make some name out of it. He could be a burglar coming as a Sahaja Yogi to burgle My shoes.

Such a person can be very difficult for Realization. But maybe with some people, who have some basic problems also, they can have their Kundalini completely frozen out. But people of very ordinary appearances, of very ordinary life, could be very subtle – much more than all these *genies*, *geni-asses* and *geniuses* put together because they can feel their Self.

# the truth

Easter Puja 1994.04.03

1987.07.11

Wisdom is the power that you get from Shri Ganesha. So you have to be absolutely wise and know that you have been seekers. You did not get it because I asked you or we paid you or anything, but you were seekers struggling to know the truth and that is how you got it and once you have got it, you should establish it fully in your life and also in the lives of others. Let others also feel this gentleman is very unique or this lady is very unique. She is very different, she is not selfish, she is not cunning, she does not manipulate, but somehow, by her character, by her nature, she is trying to create light for us and enlighten our path, enlighten the path of others.

I used to bow to all the seekers of the truth. Today, all those seekers of truth have shown that truth is love and love is truth.... The collective oneness, the integration of your feelings is beautifully demonstrated.... They say love begets love. I loved you, no doubt, but in so many faces, when you see the reflection of that divine love, it is multiplied beyond My expectation. I cannot describe My joy. You can sing, dance, jump, say "Jai." I also feel like saying your "Jai" and singing. This is the beginning of our collective effort and we have to go further and further with this.

# Like a person who is gasping for air, **they are struggling to get to the truth.**

Such people do not cheat themselves or others – no question. Their whole attitude towards Sahaja Yoga is like a person who is dying and gasping for air. They are just **struggling to get the truth**. They have no other interest in them, but to get to the truth.

Such people could be very strong-headed, could be very different from normal. They may think many things stupid. Even, you see, just to have a wife and children and family – it's quite stupid, isn't it? That is not the end of life. It is quite a stupid thing to do.

I do not say that you give up that, but it is not the end of life. It is all right. It is a part of it. You are not to be lost in it. We believe that marriage is important. We believe that, in the marriage, the husband and wife should be very much understanding each other. There should be love between the two. There should be enjoyment so that the children also feel the security of the family, so that the society improves.

All this is all right, but that is not the end of it. In India, you will find many families like that, where a husband and wife are carrying on nicely, children are nice, their money is in the bank. When they die, the money goes to the children. Then the children are married nicely. Then they have their children, money goes to the bank. When they die, the money goes to them. It goes on day in and day out. Nothing – it is so mundane.

That does not mean I believe in divorces. Of course, that is something nonsensical. But to be married means just you have entered into life. At least you should enter into life. That is important, as far as entering is concerned – basic. But that is just the basic. That is not the end of life.



# You should be proud of your subtleties, **that you have these subtle values.**

If you are a subtler person, you will not think what is your advantage monetarily or what you are doing, what is the thing, what gain you have got. Of course, you will see that as yoga is established, your *khsema* will be established, your well-being will be established. You will see that clearly. It is to be seen, to be thankful. And the *kshema* is all right because you should not have worry of *kshema*, but you should have free time to devote yourself to meditation and to Sahaja Yoga.

So that you do not have too much worry, that is how the *kshema* comes in. But when the *kshema* comes in, also one may start going into the same circle of greediness, having more and more money, more and more this, better clothes, better house. How to get this – this circle may start. There is no end to it, so you have to cut it down. I am not saying that you just have one dress and all your life you end up with one dress. It does not mean that because you know, if I say anything, people will shoot off to the other end. I am trying to keep it in the centre, that not too much attention will be required on one side or on the other, of indulgences or of asceticism – none of these. You are not to renounce anything or neither do you have to indulge into anything, but feel your subtleties. Feed them. Nourish them. Look after them.

You should be proud of your subtleties, that you have these subtler values, while others do not have. And that itself will be so self-sustaining that you can withhold all those values that you get from your subtleties against the whole world because the world is so fragmented, so cut off that everybody feels lonely. But that does not, by any chance, mean you should be arrogant to others, you should be fighting with others – no. But in darkness a light shines. The whole is darkness. If the light accepts the darkness, then it becomes darkness.

# the light

1985.05.02

We have to realize that the Sahaja Yogis have done so much to channelize this Nirananda all over the world – so much. So I am very thankful to you for all that. And now we look forward to the people who are coming. They are coming here to enjoy the Nirananda and we have to see to it that we give them all that is Nirananda.... Sheer joy, I mean nothing but joy, it is Nirananda. And this word “delight” itself is “of light,” it comes out of the light. It is light and the joy, so much. So this is it: we are all enlightened. We are all Nirmalites and that is how you all are joy. In everything that you see, you feel the joy pouring in. You cannot understand how. You see something that you see every day and there is joy.

1980.04.30

If there is light within you, you can see your own integration. Then you can integrate your emotional, mental and your physical being. You can nourish it and correct it. When there is light within you, you can see the darkness also in others. As you can see your dark patches, you can also see the dark patches in others. And as you see your light and your beauty, you see the beauty in others also. With your brilliance, you just see the beauty only. I just see your beauty and not your darkness. That is why I have to work day and night to manifest your beauty. We have a very beautiful festival in India called as Diwali. There are lights. There are lamps put with oil in the row and one enlightened lamp enlightens all of them in a row and they start giving light, emitting light. But sometimes the wick is not all right and the oil is not sufficient maybe. Someone has to have a store of oil along with that work of enlightenment. Sahaja Yoga means “born with you.” It is the spontaneous union with God. That means you are already a ready-made light of oil or a good, beautifully-made candle.

# The greatest stone age is nowadays.

There should be a lot of heart-searching.

So the light must accept that **"I am the light** and I am the path" and it should stand up. It does not in any way mean any arrogance to others, any showing off to others, but it is the light. And the light, by itself, emits.

When this happens to you, you will not hate yourself first of all, but you will love and respect yourself and respect the virtues in you and not your grossness.

Kundalini itself makes you subtler and subtler. But if you are a stone, what can Kundalini do?

Now it is for you to see where you are a stone. There should be a lot of heart-searching.

The greatest stone age is nowadays. The heart is like a stone. It does not move. When talking to others, it does not move. It has no ripple in it. There is no joy in it. It is like a stone sitting there to hit everyone.

See, anybody sees you, "Oh bother, he's coming – go from the other road – that fellow with the stone heart." And you feel you are all right, you are a very good person because you are stone-hearted.

You think you can dominate the whole world because you are stone-hearted, you can give psychological treatments to others, keep quiet, don't talk to anyone, shout at others, do whatever you please because you have a stone heart. Nothing happens to your stone there.



# A person who is of a calibre cannot compare himself with others.

Now this stone-heartedness is the sign that you should not be any more in Sahaja Yoga. You must have a heart as your Mother has – pulsating with love, with compassion, with joy, with happiness, with giving. That should be the attitude. Not rationality, nothing – it is the feeling, the feeling for the pains of others, feeling for their longings and feeling for their aspirations. Just feeling within yourself is their desire to be the whole, to be the ocean itself, itself is so fulfilling.

We should not have our ideas among ourselves like “She does this, so why should I do? He does this, so why should I do?” It is very mediocre. It is a very low-grade business to see others, to worry about others, to talk about others. It is extremely low grade.

A person who is of a calibre has his standards so much higher that he cannot compare himself with others. It is really true.

So if I start comparing Myself with you, what will be My position? I mean I cannot do it, you see. Then you say, “It’s all right for You, Mother.”

It is perfect, I agree. It is all right for Me as I am. But you can be like Me also. But if I start comparing and thinking, “Oh God, what is this?” – then I should give up doing anything, thinking “Where have I come?”

But when you know that you are not comparing, you are just giving, the question of comparison should not arise at all – at all. It is just a feeling. I just feel.

# desire of God

1978.06.26

We have to do what we want to do. Karma we can do. But the fruit of that, leave it to God because He knows. The desire of God has to work. The desire of God is to be accepted and He has to work. But that is not possible by giving a lecture to you, by giving you a brainwash, "All right, leave it to God." This God can be a pope. God can be some cardinal. Or God can be somebody in India, some sort of a priest who is selling bangles. I mean anybody can be a God. That's not the point. The God in you, if He is desiring, then He does whatever is best for you. So after Realization, what happens is that your desires get vibrated. Your desires, the priorities start changing. The important things start changing because, through you, the desire of God starts working.... If the God in you is pleased and you feel His desire, your desire becomes one with Him.... It is so fantastic that people cannot believe it, how is it possible. What happens is that God decides. He organizes things in such a way which we call the unconscious. The unconscious becomes conscious within us. What is unconscious is the desire of God. The desire of God becomes in us conscious and it starts guiding us all the time. And the guiding, if you leave it to its guiding, it guides us through and through and through.... We say, "We leave at Your Feet, oh Lord." What does that mean? With a single movement, He can create this universe. Really He can. Believe Me, He can. He has that power. You have not got it.... He has a telecommunication of His own. He has a dynamic force. So you will be surprised that it is a power which has the desire of God in it – every particle of it.

# She is the one who is **the desire of God Almighty.**

In the same way, you feel each other, but not in an artificial, courteous way. Some people think that, if they have given their seat to someone, they have been really the generous people, the greatest generous people. Just be yourself now. Let's see. Just be yourself and that you are the light. What is the comparison?

The comparison exists when our calibre is low. If it is twenty-four carat gold, what is the comparison? It is absolute. If you are at an absolute point, there is no comparison.

So try to see that your calibre is that, that you are of that calibre and do not worry about gross people. Gross are gross, will remain gross. You just do not worry about them. You keep your calibre all right and that is what is the most essential part of Sahaja Yoga. Thank you very much.

*[Sahaja Yogi: "They always told me that You are actually God, the Father God Himself. Well, I can't see that at all."]*

Put your hand towards Me. Ask the question, simple as is a computer. Work out your computer and ask the question.... "She is the one who is the desire of God Almighty. She is the power of God and it is only She who incarnates."

If you read the *Vedas*, it is said that She created Her child and the first sound that was created was the child. And that sound is the sound, what we call as Brahma or the Logos, as they call it.



# It was written in the scriptures: **only at the Feet of Adi Shakti.**

So now, what is the difference between God and God's desire? What is the difference between the sun and sunlight? What is the difference between the moon and moonlight? What is the difference between the word and the meaning?

So the God Almighty, Him whom people understand, is just a witness. The day these two things will meet, there won't be any world left. Until they are separated, all these things happen. When they meet and merge into each other, there is nothing left. He just becomes the sound, Brahma.

We cannot understand these things because we have never seen two things that merged together as God and His power. We cannot understand anything like that because there is no parallel.

Now, you can rationally also see things, that people, when they bend before Me, their Kundalini starts moving. It is written in the scriptures that only at the Feet of Adi Shakti this would happen. Not only that, but you people, who have not been to any austere life or anything, have got Realization and that your own power is giving them Realization. Isn't it?

There is no one in the whole world today – there may be some realized souls – who can give the way you give Realization. You go and talk to some great gurus, they are jealous of you. They know who I am. They have told people who I am. But they are jealous. They do not understand why, of all the things, I have given you these powers, while they do not have. They cannot give Realization the way you give in a second like this. Nobody can.

# transform

Diwali Puja 1996.11.10

It is only human beings who can change, who can transform.

Now look at the blessings, that you are a human being and you can be transformed and you can be made into a new element that is the Self. This is the specialty of human beings.... Human beings, once they are transformed, it is like a living process. They become like flowers, but still it is not the same as you see in the nature because nature does not have a mind. It just is under the control of the Divine or nature that it is working out that way. But here you are under your own control. Here you can control yourself. In this synthesis, which is growing inside you, what you find is that you are completely in control of yourself. You know what is happening to you.... The purpose is to transform the whole world. With your transformation, the whole world transforms. It is a very complicated thing otherwise. Sahaja Yoga is extremely complicated because of how it works....

It is something that one has to wonder and appreciate what things are happening now, where are we going. We are going into the Kingdom of God and all the blessings, all the bliss will be on you. Then this bliss, knowledge, everything becomes one – nothing but bliss – and you are in that state of bliss which you do not even know. You are just there.

The Ganges would be flowing, but if it is flowing through the stony area, the stones are not going to absorb anything from the River Ganges. But if it is flowing through fertile land, everybody will be making use of that water. So you have to make use of your Kundalini by transforming yourself. Try to transform. See how much you transform.... The progress must be shown outside.

1980.01.27

# I have given you **the authority.**

You can go and have a look at them. They are great people, no doubt, but your Kundalini works like a jet. They move like elephants from one chakra to another chakra. The Kundalini does not move that way as it moves in you because I have given you the authority. You can go and meet them and they will tell you.

There are thousands of people, they have got disciples, but they do not send them to Me. They said, "Mother, You'll find Your calibre. These gross people, You leave it to us. We'll manage them. We'll send them later on. Just now You find Your subtle people."

Why Sahaja Yogis are so few is because there are very few subtle people in this world of that calibre. That is why I am always requesting that you do not divert your attention here and there. Settle down and become good Sahaja Yogis.

Unless and until you really become good Sahaja Yogis, I cannot move to the second strata because the first strata has not yet settled down. They are worried about nonsensical things.

I mean I just sometimes feel very unhappy to see that you fight among yourselves. I mean this is something so painful that you say harsh words to each other. I mean you are the cream for Me. You go and ask any one of the gurus if they can move the Kundalini on their fingers as you do it. These powers cannot be given by an ordinary person. I look ordinary, no doubt. I have to. But also you have seen Me in other forms. That is not important. The important thing is you should **see your own transformation** and how many powers are manifesting.



# I recognize the subtleties in you.

If you go and tell somebody that "I have started giving Realization and raising the Kundalini," they will say, "You are mad. How can it be? Impossible." Nobody is going to believe you at all.

You see, you have got it so easily. Why? Because I recognize the subtleties in you. These gurus recognize Me. They know about Me. They know who I am. They are telling others. There are so many of them like that.

I told you the story of the lady here, an American lady.... She went to Rangoon and there she went to meet some very great, high soul who was living on a mountain and he would not meet many people. But she went there and he really respected her. And when she came in, he said, "I am going to sit at a lower level than yours." So she could not understand. He said, "Because you have seen Mother with your own eyes. I have not. I will have to die to come and see Her again." And then she was surprised.

But first of all, know that you have got these powers within you. Then know that you have got them because I have chosen you....

See now, the only thing is you get rid of your egos, which give you ideas. You see, sometimes they come like big balloons, so tell yourself, "Oh, Mr. Ego, please get out. These powers I have got because Mother has chosen me, has loved me, has nourished me and has accepted me as Her child." It is a fact.

Nobody can believe that you can give Realization, I tell you. You go and tell anybody. You should, but they are not going to believe you.

# the fantastic

1984.07.02

All these messages that you are receiving you can yourself perceive them. You can feel them. Nobody has to tell you. Even a child can sense it. So you move one step forward into a world called faith, which is the faith of experience.... Reality can be only accepted if you go through the experience of truth and then have faith. The human mind is a very wonderful mind. The English word “mind” does not explain much of what mind means, but in Sahaja Yoga it has been very clearly explained what the human mind creates. On top of the head there, you see a lotus. You can say, “How can there be a lotus on top of the head, Mother? This sounds very poetic and something fantastic and is a fantasy.” Of course, I wish everybody had that lotus blooming. Very few have it, but still they have no doubt.

1980.07.08

You can raise the Kundalini of people. It is so fantastic, but unbelievable. People cannot believe it. It is too fantastic, but the fantastic times have come. For example, if you take a television to a place where people have never seen a television and you tell them that there are lots of pictures around and you can see them, they will be quite surprised. How can that be? But as soon as a television is put to the mains, you can see those fantastic pictures. And this is what happens. It is exactly what happens to you because you are the instrument made for this specially. You are the one who has to become that instrument. Your fulfillment is in becoming that, in knowing that. It is not a thing which can be just told or could be read about. It is an experience. It has to happen.

# You have to believe that **the Divine is acting.**

If this flower says that “I can become the lamp in the lighthouse,” nobody is going to believe it because the lamp in the lighthouse is made in a special factory with a special this and a special that. But supposing this flower says so or if this flower says that “I can cure your diseases,” nobody would believe. But it may.

When **something fantastic happens**, you have to believe that there is the Divine acting and acting so dynamically. Only thing, do not waste your energies in gross hankerings and gross wanderings and ramblings. Try to be subtler and subtler.

There is nothing that I have to ask for. Now you think about it from God’s point of view. You have to be given Realization – first job. It is a headache, you know. Somebody has to take up the headache of giving Realization. It is much easier to be crucified once, but to be giving Realization a hundred times to all kinds of funny Kundalinis to be raised, risen, you cannot imagine. And then after giving Realization to tell you all about it, to decode all the chakras, to show you all the chakras, to tell you all about Deities, these archetypes and everything, every word of it is true and acts and works. You have experimented and found out.

Somebody has to come down. It has been My lot to come. I do not mind. As I told the other day, any one of you takes My seat, I will be very happy to be a Sahaja Yogi sitting down there. Really, I will be the happiest person. I will give you five garlands like this and all the flowers from the market I will bring for you, if you could sit here and do the job for Me.



# love

It is very easy to doubt, but can you do the job? No, you cannot. This is the trouble with the western mind, that it doubts. What are you doubting about? What is there to doubt? I cannot doubt Myself. That is very difficult. When you know that this is the tea, how can you doubt? Now if you doubt, what can I do? How to prove it?

The best way is to understand My love. Through that, you will understand Me better. It is much easier to understand Me through your heart than through your brains because I am very good at blasting them and I play about with you, lots of things, by which I really give you a very difficult time. Because if you start thinking, I make you think more. If you start doubting, I make you doubt more.

So the best thing is to see, as I told the other day, that whatever is in the next room, it is better to go and see than to sit down here and doubt or to accept it and sit down here. No, go and see for yourself.

You have seen it yourself. But just think how tremendous it is. Just sit down and think how great it is, how dynamic it is that you have seen it with your own eyes. Just think that you have felt it, that you are the people who have got it. You are the first few who have known it. There may be thousands and thousands later. The whole universe may take it up, but you are the first few. Improve your calibre. Come up.

# LOVE

The best way is to understand My love.

Through that, you will understand Me better.

It is much easier to understand Me

through your heart than through your brains.