

The Divine Cool Breeze
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1988
one year in Sahaja Yoga.



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Today is a day when we should decide, what we want to do for our future, for Sahaja Yoga, for the building of our lives.

1988

1 JANUARY **GANAPATIPULE** MUSIC PROGRAM

1 JANUARY **GANAPATIPULE INDIA TALK TO SAHAJA YOGIS**

we are
here

Happy New Year to you all. May God bless you this year with all His divine powers. May all the choicest flowers of joy and happiness be showered upon you. May God give you wisdom to become great Sahaja Yogis so that a new world can be created beautifully out of you.... It is important that you all are here, that you should meet each other, talk to each other about Sahaja Yoga. Try to understand what is going on in the other parts of the world.... Today is a day when we should decide, take some vows in our hearts, what we want to do for our future, for Sahaja Yoga, for the building of our lives.... Today I do not want to say much. They say whatever you do on the first day, it happens to you all the year around and I don't want to speak like this all the time because I have been speaking too much. So the best way to enjoy the new year is to decide as to what we are going to do now, further. What are we going to achieve next year so that we can look back and say that in one year we have done this job? So forget the past and think of today which is an important date. We are here. We have to decide about ourselves. Let us decide that we will have a sinless life. We will have a sinless life and complete obedience to Sahaja Yoga. Forget the past and past conditionings.

2 JANUARY **GANAPATIPULE** TALKS TO SAHAJA YOGIS



forget the past
THINK OF TODAY
we are here

GANAPATIPULE ~ It was 11:59 pm and then the magic began.

In those last few seconds of 1987 the vibrations began to pour down around us. All present came to their feet and held out their hands to where Shri Mataji would sit and at the stroke of midnight began to sing the aarti. With our deepest joy those words, “Saba ko dua dena Ma,” filled the air. All desire for sleep melted. Mother’s three great mantras were sung with devotion born of the excitement for Sahaja Yoga that had been building in us over the past few weeks. Brothers and sisters greeted each other in the new year. The men came together and began singing *Auld Lang Syne*, dancing and hugging.

Then came a great treat. An Indian Sahaja Yogi had his drums with him and began to keep a rhythm. Singing and dancing started, the men on the inside and the ladies on the outside, with line dancers weaving in and out. The most joyful aspect of all this was that there was no sense of Indians or Americans or Swiss or Italians. It was just Mother’s children dancing in the first few hours of 1988.

You could see Sahaja Yoga as it is to be – all one culture and in the great dance of vibrations.

3 JANUARY GANAPATIPULE INDIA TALK TO SAHAJA YOGIS

to enjoy
life

This tour was arranged, as you know, like a journey through your Sushumna Nadi – at different different points, different different chakras. In the same way, we have passed through various places and now we have reached Ganapatipule where we have to get our Sahasrara fully drenched with the blessings of Shri Ganesh. As you know, Sahaja Yoga is a very subtler happening within us. It is a very subtler happening and this subtler happening gives you sensitivity to divine joy.... I have seen many people saying that they can decide things on vibrations. And they have decided certain things on vibrations, but they commit mistakes. That means they have not yet grown up to that state where they can decide on vibrations. So nobody should arbitrarily decide, but consult the collective, especially your leaders to find out if whatever decision you have taken, whatever you have thought of, is it all right or not. And one may commit lots of mistakes if you start behaving arbitrarily. The greatest law of Sahaja Yoga is that it is a collective happening.... Start deciding that we are going to be great Sahaja Yogis. We are here to be the Nirmalites, to fight all that is wrong, to stand for right and to emancipate the whole humanity. If you understand the tremendous work we have to do, then you will create your own personalities in such way that you will be able to shoulder this great responsibility. So let us see, today is the beginning of this understanding between us that we are not going to grow by demanding, by asking, by getting worried about ourselves. But just be in joy. Just be in joy. This is what is lacking in some people and that is why they cannot enjoy. They are all the time worried how will they reach there, how will they come here, what is the arrangement, what is this, what is that. Just take it easy and things will work out for you. That is how you are going to enjoy life.

4 JANUARY GANAPATIPULE INDIA TALK TO SAHAJA YOGIS

yuva
shakti

We have started another subsidiary you can call it, or whichever way you may say, another parallel movement, called as "Yuva Shakti" which is meant for the young people in Sahaja Yoga – for their guidance, for their expression and for their dedication. And this is spreading so fast now that I am told we have got Yuva Shakti even in Pune. And maybe it might spread to other places, to other countries, so that they can correspond, have a rapport, try to understand each other. So this is a new movement.... No doubt, we must care for our young people and look after them and give them their due respect and they must know their due duties towards Sahaja Yoga. I found them to be excellent workers, very dedicated innocent hands that I have got. I am very proud of them.

5 JANUARY GANAPATIPULE TALKS TO SAHAJA YOGIS



GANAPATIPULE ~ On the first of January 1988, I saw Shri Mataji for the first time. They announced She was not coming that day, but would come the next day. I was disappointed because New Year's Day was special. But then they announced that Shri Mataji was coming and then She came. And I saw Her for the first time. At that time, the Ganapatipule program was in Malgund, in the village there, and I saw Her coming out of the car and then I saw Her on the stage. It was like moonlight, watching Her.

Nirmal Gupta

It was
like moonlight
watching Her

6 JANUARY GANAPATIPULE INDIA MAHAGANESHA PUJA

the sky
of joy

Today I am happy to say that I can tell you all these things openly, so clearly. But can you believe that twenty years back even in India nobody could talk about it because it was something *agamy*, not to be known, not to be understood. Your attention has become enlightened. With your enlightened attention you are listening to Me. That is why you are understanding what I am saying. Your attention itself has become active now and it baffles you sometimes when you see how many powers you have got.... Joy has no double meaning. It is absolute. You reach to that subtlety. You start enjoying that tasting of joy – not vibrations, but joy, beyond your central nervous system where it can not be expressed in words. It expresses in your eyes, in your faces, in the atmosphere, in the nature, everywhere, to see the whole thing is blossoming around. This is what you all have to achieve and for that we have to know that we are not going to bow down to anything that puts our attention into shackles. "Mother has freed us, let us spread our wings. We are not little, small little birdies, but now we have become birds and let us spread our wings and fly in the sky of joy." There is no need for birds to fly. They can sit at a place, of course. They cannot hire a bus, but they need not. They spread their wings and fly because they enjoy. Like swimming in the sky of joy, use the beauty of this joyous happening to nourish yourself. Be happy. Make everyone happy and emancipate this world from ignorance.

8 JANUARY GANAPATIPULE MARRIAGES

8 JANUARY GANAPATIPULE INDIA TALK TO SAHAJA YOGIS

I bless
you all

Today is the parting day. With all the joy and enjoyment of our personalities, it has become a beautiful painting in My memory. But for a mother, it is very difficult to understand that every day I have to think of leaving some of My children somewhere and going to another place. I wish a day should come when we all of us should live together all the time. In your love for Me, you have lived in this Spartan conditions and have never complained about it.... As a Mother, I think you are not supposed to thank anyone. Only the sadness, which is something like an ocean, sometimes covers Me up. I cannot express it in words, but it is a kind of a sadness that makes Me feel that now, from next year, when am I going meet all of them again? I am sure next year again you will be able to come down here. Also I will be coming to your various countries. I hope all our plans will work out as far as travelling is concerned. I try My level best to travel as much as possible, but still it is your cooperation, it is your understanding of this very, very subtle state of this very subtle personality which is so important. I can only say I bless you all from My heart and bless all the artists, everyone here for understanding this great work I have taken over, for helping Me out and out to carry out this extremely subtle work for the human mind.

Brahmapuri



GANAPATIPULE ~ We went back from Ganapatipule on the boat with Mother, from Jaigad to Mumbai. Jaigad was a little place near Ganapatipule with a tiny quay and one little building on it and there was only about twenty of us. There were tiny jellyfish clustered around the quay. Mother was sitting there drinking Limcas, waiting for the boat to come. We were all sitting around Her and I think the harbour master got his Realization. I remember the feeling of the utter peace of being there with Mother at that little port, a fishing village, and all those little wooden buildings. Later that night, we were up on the deck singing bhajans to Mother and it was a really beautiful calm night. The greatest memory of those times was that you knew She was the Goddess, but She was so comforting and so normal.

Auriol Purdie

GANAPATIPULE ~ We were married in January 1988 in Ganapatipule. During the ceremony, when the white cloth was between the men and the brides, Shri Mataji said that the brides should look at the ground and walk very slowly towards the bridegrooms. I did so, as well as I could. When the cloth went down, Henno put a garland around my neck and then I put one around his neck and at that moment I felt, "He is so sweet."

During the next part of the ceremony, when we lit the fires, there was as usual a lot of smoke and most of us were crying because of that smoke. Also there was confusion as to know what to do, how and when, but this was part of the game. It gave a charm to the whole thing and there was not much place for thoughts and worries, as things seemed to go quite fast.

At the end of the ceremony, we were able to go and receive from Shri Mataji the wedding present, which was a beautiful silver tray with some silver items like a statue of Shri Ganesha, an incense holder and a rose water sprinkler.

After the marriage ceremony, in the night, Henno and I went walking on the beach to the hill where there is the swayambhu of Shri Ganesha. We walked around it as pilgrims do, stopping at the top to meditate on the swayambhu stone in the shape of Shri Ganesha's face.

We arrived back at the camp just in time to pack our luggage, as we were all to leave the camp at seven o'clock in the morning. In the bus, I sat beside Henno and suddenly felt that something had really happened during the wedding. It was like magic because we had already been engaged for a year, but suddenly our relationship had really changed. I felt much closer to him. Shri Mataji had tied us together.

Trupta de Graaf

10 JANUARY BOMBAY INDIA SANKRANTI SURYA PUJA

there will
be peace

adhyatma:
knowledge of the Self

If the axis of *adhyatma* in any country where a person achieves his spiritual ascent is, becomes the most important thing and is achieved, then any amount of development, any amount of all these things cannot destroy that country, cannot create wars. There will be peace everywhere, there will be enjoyment everywhere. So on this day of Makar Sankrant, let us say now the Sankrant is over and we have to look forward to the new age of a new moon blessing us and the great sun coming over to give us all the energy we need, to celebrate the advent of the golden age of Sahaja Yoga.

14 FEBRUARY BOMBAY INDIA MAHASHIVARATRI PUJA

talking
about
our heart

Today we are talking about our heart and about the Shiva Tattwa that is residing in our heart. Every one of you should put your attention towards your heart and find out with your heart, not in others, within yourself, within your inner being. You have to ask, you have to find out, "What shortcomings exist within me and how far do I have to go?" After that, whatever you achieve, that you will continue to achieve and enjoy. You will continue to taste it. It has been described as "dumb man's jaggery." If a dumb man eats jaggery, then how will he describe the taste? Such is the joy of Shiva Tattwa.

(translated from Hindi)

21 MARCH BOMBAY INDIA BIRTHDAY PUJA

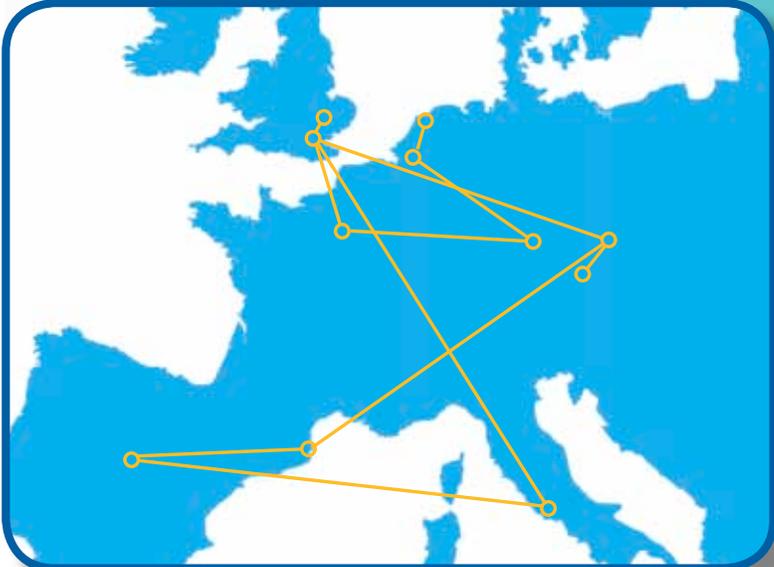
worship
your Self

When we try to play games with ourselves, we miss the point because it is the Self which is going to emit. It is the Self that is going to give you your glory. It is the Self which is going to bestow all the blessings of divine love and all the securities and all the help that are deserved by you.... So we have to put our life fixed for something that is noble, enlightening and higher. Hypocrisy will keep you always out of it. So I have to request you to all face yourself, love yourself, respect yourself, understand yourself and stand on your self-respect and see for yourself that you are the king of kings, that you are the one who is to be worshipped. You are the one who is the emblem of God's love. Such a beautiful thing it is. So many of you are enlightened and settled down so well in Sahaja Yoga, enjoying the blessings all the time. But still, we have to progress far more. For that, what you have to do is to just meditate and meditate every day, regularly, religiously, like it is the puja of yourself. You are worshipping your own Self. With humility, with surrender of your ego, you are worshipping your Self. You are not degrading it, you are not analyzing it, but you are absorbing the beautiful power and the light of your Atma into your attention. May God bless you all. May God bless you this day when you all will be full of light and full of understanding of Sahaja Yoga and may you be in the bliss of complete understanding and love of God.

1988

SHRI MATAJI TRAVELS

EUROPE July and August



EUROPE April to July



INDIA

MUMBAI ~ I went to the Sankranti Puja in Mumbai and was sitting towards the back and thinking, “I want to go to Shri Mataji.” In the beginning the desire was very strong. Shri Mataji gave Her lecture and afterwards they were going to start the puja and, once they started the mantras, Shri Mataji stopped them.

“People sitting here are thinking that they want to come to Me,” She said. “Why are they thinking like this? I am with them?” I was indeed thinking like that. I was amazed and thought, “She knows everything” because I was thinking, “I want to go to Her” and then She announced this. I pulled my ears and that was it. *Nirmal Gupta*

2 APRIL SHUDY CAMPS UK MUSIC PROGRAM

you are
not alone

The whole thing is full of frolics and beautiful entertainment and everything is a drama. We are passing through that. But all this is just to make every event a memorable event, a respectable event. Above all, all these events have a protocol and all these protocols are looked after by the Deities, who are sitting just there. Here also They are sitting. You cannot see Them, but I can see Them. All of Them are sitting on top of us here, looking after us, all of us. And They are watching you all and they are wondering what gifts they are going to give you next time when you come out with all these beautiful things.... We have to understand that every step that we take, every movement we do, there is the divine help, that we are surrounded by the ocean of bliss, the ocean of forgiveness, the ocean of compassion and love. Please, remember that you are not alone.

3 APRIL SHUDY CAMPS UK EASTER & BIRTHDAY PUJAS

certain
promises

You must come up and work out everything as far as possible, thinking that we all have to stand up. Now the children are coming up. They are also going to stand up. They are all looking younger to Me. Every day I see you, you look younger. Sometimes I do not even recognize you, the way you look younger. And I think, "Is he the son or is he the father?" Now the situation is that you are all blessed. You got jobs, you got everything and everybody tells Me, "Mother, this is what has happened, that has happened, everything." Now so what? These are temptations. Be careful. This is not what you wanted. What you wanted is the state of that complete faith within yourself where you do not have to ask – nothing. Everything will work out. Everything will work. It works. That is the point. So I hope next time when we meet I see even younger people than what I see today and I will be able to recognize you. Christ died at a very, very young age.... Nobody could have achieved that much in that small age as He has done. It is remarkable. It is really remarkable. That is what I expect of you, to follow His footsteps in doing remarkable things. And let Me see all of you – every one of you has to do something great. And today is the day of certain promises. May God bless you for that.

EASTER PUJA ~ Shri Mataji's car entered the courtyard in the same cloudy English atmosphere that had prevailed all day long. When the car's door finally opened in the middle of the crowd who were waiting, the cloud cover opened and gently allowed a little space, right by the sun, as if to salute the meeting of the smiling Mother with Her devotees. It was the very first time I saw Shri Mataji. As She slowly made Her way through the crowd, stopping at every step to receive flowers and give a little of Her attention to all and laughing with the little ones, I could fill my eyes with the reality of Her incarnation. And then, too soon, She was in the house.

Devarshi Abalain

easter

BEYOND WORDS

SHUDY CAMPS ~ The earth was waterlogged from weeks of continuous rain. The weather was cold and grey, but that did not deter the English Sahaja Yogis, who pitched giant tents, put down waterproof flooring, brought in huge heaters and laid down paths of wood shavings in order to accommodate all their brothers and sisters visiting from near and far.

The inside of the great house looked both cozy and majestic. Shri Mataji's room was hung with beautiful drapes and there were fragrant flowers everywhere. Excitement tingled the air.

She arrived on Saturday after lunch and immediately addressed us all. Seated on a chair in the yet unfurnished entrance hall, She spoke kindly and encouragingly. She spoke of our potential and how even what the Sahaja Yogis had achieved so far had exceeded Her expectations.

To be sitting once again in the presence of the Devi Herself was beyond all words,

Being Aware of Our Selves

BARCELONA ~ After hearing some Spanish songs on May 21st, Shri Mataji spoke to us.

"We can feel the rhythms and the emotion of the people who have made these songs." She said that Spain has a lot of emotions and that the emotions move inside of us.

People in Spain often ask Shri Mataji if She is Spanish. "I think the love in My heart is expressed on My face perhaps. I hope the women of Spain will become loving and affectionate towards others."

Shri Mataji went on to explain that we have to realize that Sahaja is love. "It is not attachment. It is not possession. But it is a giving love. It is not love of the flesh. It is not love of any material thing. Nor is it the love of your fame. But it is the love of the Divine."

The key to achieving this transformation is being able to witness everything in its reality, seeing both how and

why you are attached. With detachment, the love starts to flow. "As soon as you get your light, the sunlight," She said, "the fog disappears."

"When you are the spirit, you are like a brilliant diamond which is giving light by itself. So it is important to understand what you are and what others are not. And this awareness should be an innate part of your being. Then only it will act and permeate into the atmosphere and into other people. I hope when you go back to your countries you will give My message to them, that we all have to be aware of our Selves...."

"Everyone wants reality. The only thing is that they should see the reality in you or you should manifest your reality outside. The first one is not in our hands, to make them understand reality. The second one, to manifest reality, is in our hands."

7 MAY ROME TALK TO SAHAJA YOGIS

8 MAY

ROME ITALY SAHASRARA PUJA

be aware
clear out

Be aware. Where is your attention? What are we worried about? Where are we spending our time? Leave your children to Me. Leave your families to Me. You can only keep your purse, but the rest of it, you can leave all your headaches to Me. But do not play tricks with Me. Mahamaya knows all your tricks, everything, in and out. If I want to know, I can know each and every thing about you. I do not want to know. Under these circumstances we are supported, looked after, managed, taken to reality so easily, so much with care.... You are assisted. Here these prime ministers have only five or six bodyguards. You have millions and millions, each one of you, with you. Nobody can touch you except for you. You can harm yourself, that's all. Nobody can harm.... Our ascent is the only concern. It is the only ideal – nothing else. And it will work out. All the rest will be taken care of. We have all the mechanics to do that. But first, give it to the mechanics to work out. All will work in a reflex action. Clear out your chakras. Do not say, "I have this, I have that." Just clear out. "How dare I have all these problems? How dare I have all these chakras still troubling me?" Clear out – morning, evening, clear out. I am sure it will work out. Next year, I hope I will have some good news.

8 MAY ROME MUSIC PROGRAM

9 MAY ROME TALK TO SAHAJA YOGIS

17 & 18 MAY MADRID PUBLIC PROGRAMS

19 & 20 MAY BARCELONA PUBLIC PROGRAMS

21 MAY

BARCELONA SPAIN PUJA

nothing
but
blessings

I would like you to have your awareness of your powers. You are sitting on top of a mountain and you are sitting on top of evolution now. In knowledge, you are the greatest yogis. In power, you are the greatest yogis. You can become the greatest saints in righteousness and dharma. Where you lack is the dedication and devotion, the pure desire. These yogis used to go in the jungles, live there with the wild animals and used to practise meditation to achieve Self Realization, year after year, lives after lives, because they had a pure desire so strong within them. But in Sahaja Yoga you move one step and you get blessings. You move another step, you get another blessing. It is nothing but blessings all the time. You are blessed every moment. But sometimes you also must know, because of the Mahamaya character of your Mother, these blessings are temptations.... We have to be solid pillars of Sahaja Yoga, creating the roof for all the seekers of the world, for the emancipation of humanity. Of course, in pujas you know that you go deep. You go very deep into pujas. You touch very great depths. But that is My doing. What is your doing is to seek out that depth, keep up the enjoyment of that doing.

LIGHT ON THEIR FACES

Sahasrara Puja



You have seen whenever I travel and arrange a program, there are thousands of people everywhere. In Italy they just saw My photograph and they came to My program. I do not proclaim anything. I do not promise anything, but they all came. The reason is they are sensitive and they can see that there is genuineness in this face. Whatever is inside is expressed outside. If you are not genuine, it shows outside. That is why the inside light should be made a big, big, brilliant light, so that we can make people see reality in so many lights. I am sure they can see that, the beauty on your face. In Rome the people were singing. One old man came and said I can see the light on their faces. There is a picture where there is light upon everybody's head. The other day I saw one painting done by El Greco, Christ's disciples being blessed by the Holy Ghost and all of them had light coming out of their head. These were so few, but you are so many and all of you have got light on your head, which is guiding you, which is looking after you, which is loving you, which is showing you the path. You should never feel that you are alone. But try to keep yourself clean because this light can disappear. *Shri Mataji May 21*

7 JUNE VIENNA AUSTRIA TALK TO SAHAJA YOGIS

a living
process

It is very heartening to see how Sahaja Yoga is now spreading smoothly into the countries which have different types of ideologies. Sahaja Yoga is a very pleasant beautiful blessing to all of us. You do not have to sacrifice anything. You do not have to become a martyr. You do not have to go to jail or suffer at all. Slowly and steadily it works, works correcting you, helping you, making you sensitive to enjoy the joy of the spirit. But there must be something difficult in Sahaja Yoga because we do not get so many people as false gurus have got. And there is a drawback, one can say, that Sahaja Yoga cannot spread very fast. By its very nature, it cannot spread because it is a living process. One has to become a Sahaja Yogi.

8 JUNE VIENNA AUSTRIA INTERVIEW

marriage
of the
dolls

At seven years I gave a lecture when Gandhiji had fasted. For sixty-three days he fasted and all that for the untouchables. We have a funny thing, a caste system in India. So he had fasted and My father took Me to a very mammoth meeting of, I think, twenty thousand people and he had to go back home because somebody got sick in the house. He was a very great speaker, so they would not allow him to go. He said, "All right, my daughter will speak for me." And I spoke. I said very sweet things. I said – you see, in India we have marriages of the dolls – so I said, "See, in dolls there is no caste system. Why should we have a caste system?" And I said that "We have to now celebrate the wedding of dolls and all of us have to come and attend. And we all should forget our caste system and should sit together and enjoy the marriage of the dolls" in My own small way, you see, in a childish way, but they all enjoyed it. And I said, "We are human beings." At that time also I did say that we are reflections of one truth which we should take to.... I met [Mahatma Gandhi] one day before he died.... I had one daughter at that time. He used to call Me as "Nepali" because I have high cheek bones. So he used to call Me Nepali – it means "from Nepal" – just to tease Me. And immediately, after many years I met him.... Immediately he recognized. He called Me and he said, "Meet me after prayer." When I met him, he saw My daughter, very happy and he said, "Now take to constructive work, take to constructive work." And next day he was murdered. I was living just close to his place where he was living. The next day I did not go. But something was there. And I heard the shot.



GRAZ AUSTRIA ~ In 1988 I translated several public programs in Vienna and also one in Graz. Shri Mataji never spoke to me directly or even looked at me. I really was hoping for some sort of acknowledgement or reassurance from Her that I was doing the right thing.

On the last day in Graz, just before Shri Mataji was leaving to go to the airport, we were waiting to say goodbye to Her in the ashram. By that time my heart was so full of joy and I felt Her love so strongly inside me that it did not matter that She went past me. I was just grateful for everything I had experienced by Her grace and full of gratitude in my heart. But then, to my complete surprise, when She already was seated in the back of the car, She saw me standing and called me up. So I went to the car and She spoke to me through the window and, to my embarrassment, thanked me. So of course, I thanked Her.

This incident taught me how the relationship with Shri Mataji is always an internal one and not external.

I had similar experiences at several other times, while greeting Her and presenting a flower to Her in airports all over Europe. Every time when I felt a strong connection with Her, when I felt Her love inside me, She would greet me, smile at me or ask me a question.

Being on the stage with Shri Mataji, as the translator at Her public programs, was an amazing experience. Looking at the audience from the stage, it felt like Shri Mataji, with Her words and small gestures, was conducting a huge orchestra of hearts and minds. Her talks were dramatically structured so they would touch all the issues necessary, answer all unspoken questions in the audiences, soothing emotions, preparing the people for the experience of Self Realization.

Sigrid Jones

8 JUNE MODLING AUSTRIA **EKADESHA RUDRA PUJA**

nobody
can harm
you

The area of Sahaja Yoga where nobody can enter, you are perfectly happy there. Ekadeshas are standing around you on your forehead to look after that area. They are watching. They are guards and nobody can harm you. You are very nicely settled down there in the Sahasrara and nothing can touch you. Nothing can even bring a slur on you. They are very alert and they have many facets. Each Deity has many facets and these facets are all the time throwing light in that area so that there is no intruder to enter in. This is what you have got within yourself.

8 JUNE **VIENNA PUBLIC PROGRAM**

9 JUNE **VIENNA TALKS TO SAHAJA YOGIS**

9 JUNE **VIENNA INTERVIEW**

9 JUNE **VIENNA PUBLIC PROGRAM**

10 JUNE **VIENNA TALK TO SAHAJA YOGIS**

10 JUNE **GRAZ PUBLIC PROGRAM**

11 JUNE **GLEISSENFELD AUSTRIA TALKS TO SAHAJA YOGIS**

11 JUNE **VIENNA TALK TO SAHAJA YOGIS**

13 JUNE **LONDON PUBLIC PROGRAM**

18 JUNE SHUDY CAMPS UK **TALK TO SAHAJA YOGIS**

a day to
introspect

The Divine wants us to change. Supposing I am going on a road and people say, "You have lost your way, Mother." That is all right. I am never lost because I am with Myself. But I had to go by that particular road is the point. I had to do it. And that is why ... I have lost my way. If you have that kind of an understanding and if you have that satisfaction in your heart, then you will find life is worth much more than what you think it to be.... It is so obvious that it is a very precarious time we are passing through. It is very important we have to fight it out. It is much more than any wars you have fought. It is much more than any struggle human beings ever had. It is such a horrible world that has been created and we have to transform it. It is a tremendous task. For that, you have to work out in a very sincere and an innate manner. And I am sure one day will come that in the history of this world Sahaja Yogis will have their names written with golden letters. I am sure this will work out. I am sure this has to work out and that you all have to achieve it, collectively, with one mind, with one heart. "What should I sacrifice? What should I do? How should I help? What is my contribution?" I wish I could see those days in My lifetime. So today is the day when we have to introspect.



Alibag

VIENNA ~ Shri Mataji gave a very powerful talk before the Ekadesha Rudra Puja. She pointed out that in past times there had only been one rakshasa at a time to be dealt with, but that in modern times “they are like mosquitoes,” so many of them.

During the puja, one of the other musicians leaned over and hissed “Phil!” and gestured to me to accompany on the harmonium the mantras being sung. At first I wasn’t convinced, but then I thought, “Why not?” and started to play. At that moment our Divine Mother looked up to see who it was and She blessed me with a big smile.

There were public programs in Vienna. After the second program, attended by several hundred, Shri Mataji stayed on to talk to the new people, remaining on the stage until one in the morning. The bhajans group even went back onto the stage and sang. Shri Mataji really enjoyed this. It was the first time that bhajans have been so much integrated into a program. A team from Austrian television was also present and they filmed both Shri Mataji’s talk and a few minutes of bhajans.

On Friday it was time to leave Vienna and head south for Graz, near the Yugoslav border, where we had the privilege of lunching with Shri Mataji on the way in a beautiful farmhouse in a village where Shri Mataji was entertained by Viennese string players. She talked to them about classical music, particularly Mozart, and then She talked about Indian music.

We saw Shri Mataji at the airport before She left for England. She took a seat towards one end of the concourse and the two hundred or so Sahaja Yogis sat around Her on the floor. She spoke to us about the need to be diplomatic in our dealings with people coming to Sahaja Yoga for the first time, how we should speak to them gently and not hurt them and how we should speak discreetly and sweetly and not use “the language of chakras” too much to discuss whatever problems they might have. Then Shri Mataji listened to a few songs sung by some Sahaja Yogis. Her name was taken for the last time with a loud “Ki Jai!” And the Divine Mother left for England.

Phil Ward

19 JUNE SHUDY CAMPS UK TALK TO SAHAJA YOGIS

greatest
moment

We have to understand that this is the greatest moment in history, while you are born, and you are doing the highest work, that is of God – here. And you are specially chosen for it and you must know that you are a saint.

8 & 9 JULY **PARIS** TALKS TO SAHAJA YOGIS

9 JULY **PARIS** PUBLIC PROGRAM

10 JULY **MUNICH** SHRI HAMSA SWAMINI PUJA

MUNICH ~ Before the puja, Shri Mataji spoke to us for about an hour about discrimination and discretion. She touched every aspect, from the physical onwards. She told us how the name Hamsa comes from the bija mantras, “Ham” and “Sa,” Ham meaning “I am” which brings under control the activity of the left side and “Sa,” “You are,” addressed to the Deity, which brings down the excesses of the right side. *Phil Ward*

10 JULY **MUNICH** MUSIC PROGRAM

11 & 12 JULY **MUNICH** PUBLIC PROGRAM

13 JULY **FRANKFURT** PUBLIC PROGRAM

14 JULY **BRUSSELS** PUBLIC PROGRAM

15 JULY **AMSTERDAM** PUBLIC PROGRAM

20 JULY **BOGOTA** TALK TO SAHAJA YOGIS

20 JULY BOGOTA COLOMBIA SAHASRARA PUJA

to be
here

It is such a great pleasure to be here in Colombia, which was My great desire long time back that somehow if I could come later to this country, I may be able to start Sahaja Yoga here because I did feel at that time that there were lots of seekers and very good people in Colombia. They are the seekers of truth and want to rise higher in their awareness. And as it was desired by Me, it has worked out. I am very happy to be here among you people. And we have people from also other countries of South America, which is a very great thing. It started working out in European countries, which were developed countries we can say, but I always had a very earnest desire to come to the other side, that is the underdeveloped countries where there is culture. It has to spread to all the countries. No country should say that “it did not come to us,” that “we did not know the truth,” that “we missed the point.” As you people are the first founders and the foundation stones of Sahaja Yoga, you have to be very careful.

20 JULY **BOGOTA** PUBLIC PROGRAM

22 & 23 JULY **SAN DIEGO** PUBLIC PROGRAMS

A Day For A Young Girl

PARIS ~ Shri Mataji asked for young girls to perform the puja and my sister and I went on the stage. We were 16 and 17. There were very few teenagers at that time, I think not more than ten girls in France. Shri Mataji asked us to use our whole hand, not just one or two fingers, to apply kumkum under Her Feet. Then She told us to put this vibrated liquid kumkum all over our own palms. It was so light, we had no thoughts and only pure joy.

Just before the end of the puja, our drivers made gestures in our direction to ask us to follow them so we could go back home. We were very unhappy because Mother was still there on the stage. We thought it was inappropriate to leave before the Goddess. However we obeyed the ladies with a sad heart. When we were outside, we waited on the side of the road. We could hear the cheers and the

crowd shouting, “Jai, jai, jai!” We were so disappointed because we were missing all this and we could not say goodbye to our Holy Mother. Then the most unexpected thing happened. A car came our way and, as it came nearer, we realized it could be Shri Mataji’s car. When the car reached us, yes, Shri Mataji was there in the car! She had a large smile and waved to us goodbye through the window. I was so extremely happy that I jumped in the air and did a big wave back, while my sister bowed in namaskar. Our small simple wish was realized, We did not leave before the Adi Shakti. And She obviously knew who we were and we received Her special attention once more. We felt so happy. It was really like a miracle for us, which filled our life for weeks with light, happiness and tremendous vibrations. *Indumati Patil*

A Day For A Continent

BOGOTA ~ The Sahasrara Puja was the first puja with Shri Mataji in South America. It was short and we were so few that it was difficult to believe we were in 1988.

Shri Mataji called us to Her room after the puja and told us to look at the entrance to Her bathroom. After a while we could see vibrations like a gentle shower falling. She said, “It must be Shri Ganesha. Now I feel you should start being able to see the things only I could see before. I wish to make you see those things.”

In the evening, we had a tremendous public program. The hall had a capacity of 350 people. Five to six hundred were waiting for us when we arrived. They were impatient to see Her. We told them, “Today is a great day for the whole of South America to receive our Holy Mother,

Shri Mataji Nirmala Devi.” It was the first Sahaja Yoga public program in South America.

Shri Mataji arrived to the music of *Mahalakshmi Namostute*. She could hardly get through the crowd. It was the day celebrating Colombian independence from Spain. “Today is your independence day,” She said, “your real independence day. Colombia is the dove, the Holy Ghost.” She gave them their Self Realization and then shook hands with all of them.

An Incan legend says that spirituality will be awakened, resurrected five hundred years after the destruction done by the Spanish conquistadores. This year, on their independence day, Shri Vishnu returned to Colombia on His condor.

23 JULY SAN DIEGO USA SHRI BUDDHA PUJA

I love
you all

I assure you that I love you all very much. Whether you bring food for Me or flowers for Me or anything, it does not matter. When I am leaving Bogota, My heart is wrenching out. I have seen the wrench of My heart. I've seen because I am leaving all the new babes there, that's all. Then I just do not want to face – I mean the thing I feel is "Oh God, please see I'm leaving them," but because I love them. So I see, because I love them, I am feeling so sorry. Even this pain is all right because I love them. I enjoy that pain because I love them. And then I come here and see all of you standing at the airport. The whole thing is fulfilled again – just not because you have come – because I have come to love you. All this is such a beautiful rapport and such a beautiful feeling. I want you all to enjoy this and not petty things and small things which spoil your joy. These are all joy-killers and that is why the greatest joy-killer is the ego, nonsensical, which tells you, "Oh, why didn't Mother do this or do that?" It is the ego part of it. That is why we have to think of Buddha and celebrate His Jayanti within ourselves, to establish Him, to say that this ego cannot take away our joy.

25 JULY NEW YORK INVITATIONAL PROGRAM

25 JULY NEW YORK TALK TO SAHAJA YOGIS

26 JULY NEW YORK UNITED NATIONS PROGRAM

After a disappointing first program at a small Manhattan art gallery, but heartened by Shri Mataji's confidence and patience, we gathered for a program at the United Nations on July 26th. Composed largely of UN employees, the audience seemed to be filled with hard-working, well-meaning people with a genuine interest in international, individual and spiritual growth. We prayed that this was truly the case. Over fifty people attended the lunch hour lecture and, graciously, Shri Mataji provided a bountiful banquet of love, humour, compassion and vibrations. Between the laughter and loving advice, Mother emphasized the nature of truth and invited Her audience to receive it first-hand. Although lunch hour was over, most readily stayed for the experience.

27 JULY NEW YORK USA TALK TO SAHAJA YOGIS

anything
is possible

It is so very nice to come and meet you all here. It is very kind of you to have invited Me to your ashram. So you must have realized from experience of these two days' program that we had, though it looks formidable in the beginning, it is not so difficult to achieve results and to get people realized. I find all of you have been very sensible and you worked it out very well. It was such a pleasure, such a joy for Me to see that you gave Realization to so many people and you managed to convince them about Sahaja Yoga. It is very difficult in these modern times.... We have people of that kind, of that level, of that variety. You can control everything because, after all, you have entered into the kingdom of God. Anything is possible. It is God. He is almighty. He can do anything. Even to feel that, you rise high. That settles it. May God bless you.

Touching Us All Deeply

SAN DIEGO ~ It was a very emotional moment when our Mother arrived at the airport in Los Angeles on July 21st. She moved through the crowd, blessing us with Her smile and taking flowers from everyone. Unexpectedly, She sat on a bench outside the airport, with taxis and buses honking. She spoke about the success of the programs in Bogota and said that the people there were simple and got their Realization easily.

The next day in San Diego, Shri Mataji explained to us that it does not matter, even if a thousand people come to hear Her speak, She would only give us the number of seekers that we can manage.

That evening Shri Mataji spoke at an outdoor organ pavilion in a park. There were one thousand seekers. After the program, She called the people onto the stage. Hundreds of them lined up. One by one, they knelt before Her and She talked to them, holding both their hands in Hers. To see how much She loves them and will take pains for them, touched us all very deeply.

The following day was the Shri Buddha Puja. The Sahaja Yogis were camped on a beach near the Mexican border and the puja was held in a huge white tent. Shri arrived and took Her seat under a boddhi tree that had been constructed inside the tent. It was cool and peaceful.

The torments of modern society were read aloud. After each, all the Sahaja Yogis said aloud, “Shri Mataji, please undo the evil that man has done.” At every moment, She lifted more of the weight from our hearts, showering sweetness, assuaging the wounds and melting the ego. She has so many ways of pleasing Her children.



Shri Buddha Puja

Everyone was beaming with joy by the end of the puja, sitting on the white sand, miles away from the blasphemy of the everyday world and its maya.

In the evening, Shri Mataji spoke to a second public program. Again there were hundreds of people and again She met with them individually.

The following day, Shri Mataji returned to Los Angeles and departed for New York City.

30 JULY **ANDORRA TALK TO SAHAJA YOGIS**

31 JULY **ANDORRA GURU PUJA**

gravity of
the guru

Today we have all gathered here for worshipping your guru. As you know that the principle of guru resides in the Void. This is the principle which gives you balance, which gives you the gravity. The gravity that we have in the Mother Earth is expressed through your guru principle. The first point of gravity is that you should have a personality, a character and a temperament that people would see that you are a personality who does not get dissolved into worldly things, a personality which does not get ruined by the skirmishes of life. It is the personality of a guru which sits down deep into his being and is not easily disturbed or dissolved by any solvent whatsoever. This is the first principle of the guru. It is the gravity... We can develop that gravity within ourselves and that understanding within ourselves. When that peace resides within you, the joy of becoming Sahaja Yogis will be really felt, will be really understood and will be enjoyed by all of you.

1 AUGUST **MILAN PUBLIC PROGRAM**

6 AUGUST **GARLATE ITALY SHRI KRISHNA PUJA**

to be
seaworthy

In the witness state, we do not in any way express ourselves in a funny manner, but just look at ourselves because only we have created all the problems. And it is we only, detaching ourselves from ourselves, who can see these problems and can solve them. By God's Grace, as I know, you all are going to grow very much and this state is to be achieved. In every state, whether it is a blessing, whether it is a progress or whether it is just turmoil, you have to be seaworthy. Any ship which is a seaworthy is the one which can face all kinds of beautiful voyages or even turmoils and even the tempest.

14 AUGUST **ST. GEORGES SWITZERLAND SHRI FATIMA PUJA**

to be
intelligent

What you need is pure intelligence. If the husband is a dullard, he will bring down his wife. If the wife is a dullard, she will bring down the husband. If a woman is very smart, talks well and she knows how to talk and impress people, it does not mean that she is very intelligent. I call that person the most intelligent who sees the benevolence, the ascent and the ultimate goal. That person is the most sensitive and is the most intelligent. All other intelligence is an *avidya*. It is useless. Now on this subject, I think I can write a book, so better leave it to the book and today let us have the puja.

17 AUGUST **HELSINKI PUBLIC PROGRAM**



The Summer of Pujas

ANDORRA ~ Guru Puja was celebrated in the tiny principality of Andorra, nestled in the heart of the Pyrenees Mountains between France and Spain.

Despite Her gruelling schedule, Shri Mataji looked fresh and more radiant than the full moon in the night sky above the Saturday evening program.

On Sunday, the Guru Puja was celebrated on a richly decorated stage. The mood was deep and joyful – gravity and joy. Shri Mataji said that the blossomtime is over and the fruits must now mature. We felt profoundly blessed to be present. The contrast between spontaneous fun and gravity is one of those admirable contrasts to be found only in Sahaja Yogis – strength and mildness, competence and humility, purposefulness and detachment.

GARLATE ITALY ~ In 1988 Shri Krishna Puja took place in the Garlate ashram garden near a lake. I think it was in that year we were sleeping in a camping place some distance away. We had to share our morning meditation with sunbathers, just next to the swimming pool.

Then we were called onto a bus to go to the ashram where Shri Mataji was staying. People were meditating in the garden and we joined them, happy to find a more suitable place. My eyes were closed as I deeply meditated for a long time. When it was time to end the meditation, I opened my eyes to say the three great mantras and just as I did, there was Shri Mataji at the window! I just did namaste. She had appeared exactly at the time of the Sahasrara mantras.

Devarshi Abalain

20 AUGUST SHUDY CAMPS UK **SHRI VISHNUMAYA PUJA**

to be
intelligent

This was least expected, that we will have a puja here or we will have any program of this kind. But I think something was left out of the whole program of such a fast one. As you know, I had to do – going from London to Frankfurt to America to Bogota – to be back, then Andorra and all these places. Still, I thought now it is finished. And I came here in London I learned that there was one puja that was not done. It is left Vishuddhi and that coincides with this Raksha Bandhan because it is the sister relationship and brother relationship.... This rakhi relationship has to be nourishing, supporting, helping Sahaja Yoga. Other than that it does not exist. We are brothers and sisters in Sahaja Yoga. Anything that breaks it, there is no relationship at all, in any way. If you understand this simple thing, I think we have done a good job today.

18 SEPTEMBER **BOMBAY SHRI GAURI-GANESHA PUJA**

13 TO 19 OCTOBER **PUNE NAVARATRI TALKS**

16 OCTOBER **PUNE INDIA NAVARATRI PUJA**

day of
victory

Today is the last day of Navaratri. This should be the culminating point for all of us. Within us, there are seven chakras for your ascent and two above that. That should be your destiny.... Now you have had nine pujas here. And out of these nine pujas, have we improved more? Have we got more? Did we fill ourselves more with greater love, with greater joy, with greater understanding and with greater satisfaction? This is the last day, so you have to think like that. Then tomorrow is the day of jubilation.... So today you should go and make a complete picture of yourself. "What have I got in these nine days? What have I got? Let us see, have I got this? Have I got that?" All these things, you should just within yourself see and then enjoy that you have got all these things. It is the victory. Tomorrow is the day of victory, that you have become victorious about yourself and about your ignorance. You have won yourself and you have won over the ignorance, the darkness of ignorance. This is what is tomorrow's message.

3 NOVEMBER **VAITURNA TALK TO SAHAJA YOGIS**

10 NOVEMBER **BOMBAY DIWALI PUJA**

12 & 13 NOVEMBER **SHUDY CAMPS TALKS TO SAHAJA YOGIS**

1988 WAS A FANTASTIC YEAR IN EUROPE,

with perhaps a record number of pujas. In mid-summer the “European Tour” took place, during which our Divine Mother maintained a breathtaking schedule of programs and interviews and voyages with a major puja each weekend for several weeks. It was as much as most of us could do just to keep up. After this extraordinary itinerary, our Divine Mother returned to Her home in India and pujas took place there in the presence of our Indian brothers and sisters.

Only a Divine Being could keep up such a schedule and still at all times radiate the vibrations of Her love.

SHUDY CAMPS ~ I did not know how to greet Mother, so I held my hand out to shake Mother’s hand. She stood directly in front of me. She didn’t smile. She held my hand very firmly and looked into me. We stood there together, Shri Mataji holding my right hand. She just stood looking and looking at me intensely. I couldn’t think anything. I do not know how long we stood there like that. It could have been five minutes or it could have been an hour, but I thought that was just my concept of it.

Afterwards, when we talked about it together, others also told me that they didn’t know how long we had stood like that, Shri Mataji holding my hand. She was raising my Kundalini in a very strong way and I went completely thoughtless, but the other yogis told me they also had gone thoughtless in a deep way.

I will never forget it and I have held on to that experience ever since that day.

Rosalyn Tildesley

SHUDY CAMPS ~ It had not been one year since my Realization. I had a really bad pain in my left Swadisthan. A yogini said to me, “If you get the chance, ask Shri Mataji what to do.” I felt I would never dare ask Shri Mataji. The day after Diwali Puja in Shudy Camp, Shri Mataji and a few of us were sitting on the landing outside the living room. Mother asked if any of us had any question. Most yogis asked for advice. I was trying to hide behind someone, as I felt shy. I heard Mother say, “You there, ask what you want to ask.” Everyone turned to me and I knew Mother was talking to me. She asked me to come closer. I explained what was wrong. Mother asked me a few questions and told me what to do. A few days later Shri Mataji was leaving for India. We were all waiting for Her to arrive at the London airport. I remember being in meditation with my attention on my heart. Mother arrived. She walked towards the group where I was standing and stopped in front of me. She said, “Annie, are you better?” I looked behind me wondering, “Who is this Annie Mother is talking to,” when I realize Mother was talking to me. All I could think of was “How does Mother know my name?” *Annie Calvas-Blanchon*

13 NOVEMBER SHUDY CAMPS UK NAVARATRI PUJA

carry this
light

In the darkness of Kali Yuga, you find from every place confusion of the worst type, creating the darkness which cannot be penetrated and which looks like a solid mountain around us and which can never be covered. As we feel, by the grace of God – and even with the grace of God it would never melt – in that darkness, in that hopeless state, when the creation is on the verge of its destruction, the light of Sahaja Yoga has arrived. And you are the lights. You are the dipas. You are the little, little lights, which were waiting to be enlightened.... Now the light of Sahaja Yoga has kindled within you all these small, small lights, which are going to enlighten the path for humanity, for their emancipation. So the responsibility of Sahaja Yogis is great. They should get over all these limitations, like the light has got over all the limitations and spread all over. If you have a way of measuring how far this little light has gone, you cannot measure it with ordinary human instruments. But once it starts, it is spread to the last bit of it and comes back to it. In the same way, this light which is kindled within you spreads all over, is emitted all over and comes back to you. But, of course, that is just a material light. This is a spiritual light. The difference is this light has its own power of burning, that's all. Also it has a power of giving some light in the darkness. Also it has one more thing, that it can enlighten another light. But a Sahaja Yogi is not only the light himself, but also the one who can go to others. It cannot walk. When it walks, it is fire. It cannot walk in its own limitations. Somebody has to carry it. So the Sahaja Yogis are the ones who can carry this light within themselves, very well preserved, and very beautifully enlighten another person, without creating a fire, without burning anything.

3 DECEMBER VAITURNA INDIA TALK TO SAHAJA YOGIS

growing
fast

My own experience of you all is this: you people are growing very fast. And that is how Sahaja Yoga is manifesting even faster, sometimes through you people.... I hope this tour will bring forth deeper, sweeter qualities that are inside, hidden for so many years, ages and that you will feel very much satisfied with yourself, that you are born as a human being and now you are reborn as a Sahaja Yogi. I am sure it will happen in this tour for most of you, that you will feel your depth and that you will develop real respect for the glory that you are.... Thank yourself that you are in Sahaja Yoga and that you can progress very well. This is a new dimension into which we are moving. Here we do not have to see what is our progress materially, physically or also intellectually. We have to see what is our progress spiritually because spiritual progress is complete knowledge. Absolute knowledge is complete joy, absolute joy and it is a complete power, absolute power. That is what we have to aim at.



VAITARNA ~ During the 1988 India tour, we experienced a tremendous dynamic force, always working things out and keeping us in a deeper state of detachment. We were hardly bothered at all by early morning wake-ups, rushed packing and rough bus rides, numerous public programs, live music and dancing until dawn, cross-cultural communications and the continuous need to manage our own emotional and physical clear-outs. The harder we worked, the stronger we could feel the force that was pulling us back to the centre.

VAITARNA ~ The welcoming procession for Shri Mataji put everyone in a state of ecstasy, knowing that we would be so close to Her from then on. Shri Mataji has said that the way that people shy away from processions in the West is a display of left Vishuddhi. Seeing the emotion

The source of this dynamic force, Shri Mataji Nir-mala Devi, dramatically established this new height in our awareness right from the start of the tour. Conches were blowing and “Jai Jai Kars” resounding as we gathered for the first time in our Divine Mother’s presence for an evening procession in Vaiturna. There was the Goddess mounted on Her chariot, a golden haze of light surrounding Her. For the first time, some of us were blessed by a glimpse of Her vision for the new world. Shri Mataji spoke to us gently that night.

displayed at this procession, I began to understand Her words from the Vishnumaya Puja: “I would say we have to wait for one or two years more, at the most one year more, and then we have to go ahead with demonstrations, with telling people, announcing it, talking about it.

5 DECEMBER **NASIK PUJA**

7 DECEMBER **AURANGABAD INDIA TALK TO SAHAJA YOGIS**

men of
god

This tour has a big significance for all the Western people because there has been quite a big attack on your innocence. And that has to be re-established and we have to work it out. And it is a very serious attack. Now they are not only attacking the young people, but even children are attacked. All the time the innocence is in danger. So you have to become very rich in your innocence and in your holiness and very powerful, so that you can emit this holiness everywhere. Now the second point is that we are an international religion. We do not belong to any country. None of us belong to any country. We are not Italians. We are not Indians. We are not Australians. What we are – we are in the kingdom of God. We are men of God, as described by William Blake. So we are men of God and we have no bondage to any of these ideas that we belong to this country or to that country. Once you understand this point in your collectivity, then you will expand. Not only expand, but that expansion will give you a kind of a confidence in yourself.

7 DECEMBER **AURANGABAD PUBLIC PROGRAM**

8 DECEMBER **AURANGABAD TALK TO SAHAJA YOGIS**

11 DECEMBER **RAHURI INDIA SHRI ADI SHAKTI PUJA**

integrated
people

You are all wonderful people. You are beautiful people. I love you. I adore you. Not only that, but I am very proud of you. I am extremely proud of you, but I have to tell you something sometimes. If I tell you even a wee bit, then if you get that upset, I don't know what I should do. So not to take things that seriously. There is nothing so much wrong. In general, I have to tell you things which you should understand. It is for our good, for our enjoyment, everything to increase your enjoyment. Even your ascent in Sahaja Yoga is to increase your enjoyment. For your sensitivity to joy, to increase it more and more, all this is done. Today I have talked to you about little gross things that seem also important. Of course, I am always talking about subtler things and the subtlest, but gross things are also to be looked after. That is very important. We are integrated people, so we cannot allow the subtle to fly in the air. It has to stay in the gross and the light has to come to the gross.

11 DECEMBER **RAHURI TALK TO SAHAJA YOGIS**

12 DECEMBER **PUNE INDIA PUJA**

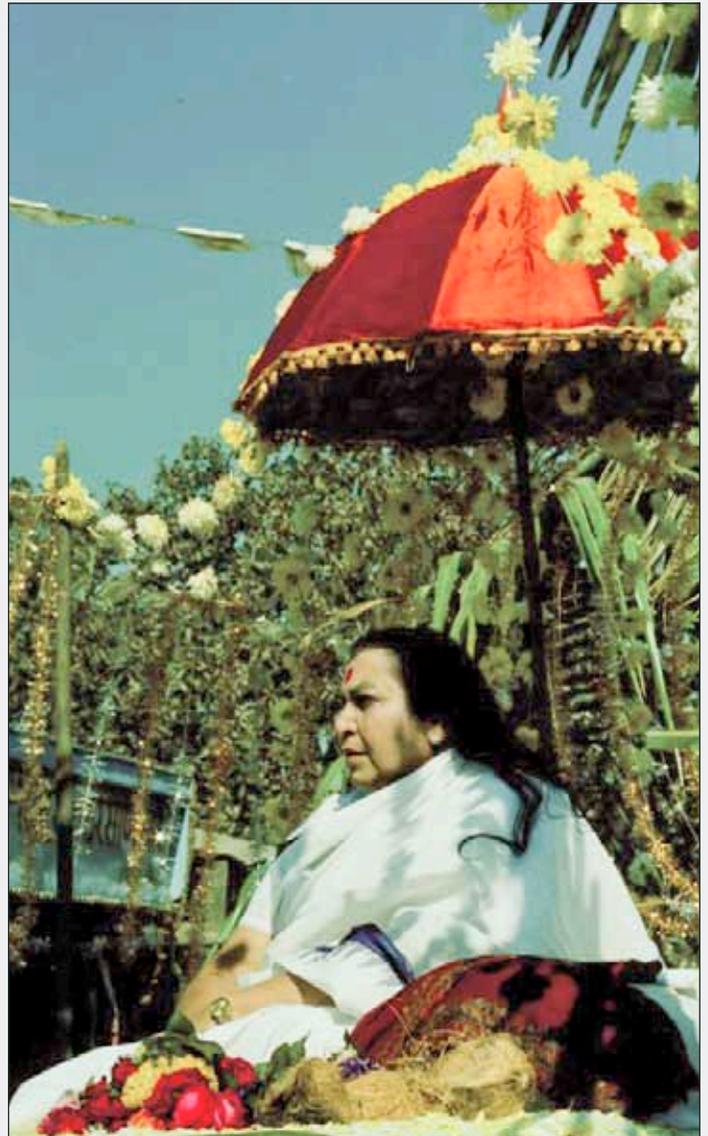
city of
punyas

In the shastras, it is described as *Punya Patanam*, meaning the city of punyas. That is the reason I wanted to stay in Pune, thinking that people are very auspicious and full of punyas and I am sure I will find them very soon.... The understanding of doing things for Sahaja Yoga, of doing things for others and enjoying, that is the greatest punya.

Singing With One Voice

AURANGABAD ~ Shri Mataji directed our attention to the purpose of the tour: to clear our vibrations in the land of Maharashtra where the Ganesha Principle is so strong. Unlike our own countries, the holiness and auspiciousness of this special place has the capacity to clear us of the attack against our innocence. She advised us to put the right hand on the Mother Earth, the left hand to Her photograph or to the sun and to recite the *Ganesha Atharva Sheersha*.

Our first opportunity to recognize the greater depth in our collectivity came at the first public program. Before Her talk, Shri Mataji had us sing to the Indian audience. Lo and behold, for the first time after many years of futile attempts, we achieved unity in our singing. The Swiss, the Australians, the Austrians, the Germans, the French – all of us from thirty countries – were singing together in Marathi, Hindi and Sanskrit. The Indians were delighted. We were filled with joy. The vibrations flowed and hearts were opened. We repeated this singing at all the public programs and nearly every night to the delight of our hearts and to the continued benefit of our Vishuddhis.



RAHURI ~ At the puja in Rahuru, Shri Mataji pointed out that we had come to India to achieve more height in our detachment, that circumstances around us should not make us unhappy.

For example, She worked on our misconceptions in marriage. “Whatever comes in our way, we should take it,” She said. “We should not sort of say, “I’ve fallen in love.” There is nobody who falls in love. He rises in love in Sahaja Yoga.” She went on to explain, “How can you

fall in love? You fall into some ditch or you may fall into some river or something like that. I do not understand how you fall in love. It’s solid stuff. So this absurd idea of falling in love has to be given up. If it means that you have felt the love or if it means that you have the sensitivity of feeling the love or something, I can understand. I’m a little explanatory, but this falling in love business has been going on and on and on. Now I would request you that in Sahaja Yoga we cancel this terminology.”

17 DECEMBER **PUNE INDIA TALK TO SAHAJA YOGIS**

priorities
must
change

We have to understand that we have risen above our human awareness. And at that level, we were different. And at this new awareness we are different people. And all our priorities must change. Our value system has to change. And if it has not changed automatically, we have to a little bit deliberately work it out. Or else we have to see that we become really the spirit and no more should all the falsehood of human awareness be attached to us or should we be bothered about it.

17 DECEMBER **PUNE TALK TO SAHAJA YOGIS**

20 DECEMBER **BRAHMAPURI INDIA PUJA**

pay
attention

A Sahaja Yogi is not a person who is just sort of lives without any connection with the society, with the politics, with all that is happening. He has to be seeing all those things that are happening. He must read the newspaper, if not in the morning, in the evening time. That means he must know what is happening. He must put his attention to all these things. Only putting attention to things, it works out. I have done that all the time.... So this is what is very important for all of us, to take the responsibility of Sahaja Yoga in your own country and to pay attention to all countries wherever there is a problem. I am doing this very much.... You also should pay attention. I read about eight newspapers every day. And I see to it that I pay attention to all the proper places where it is needed. I wish I could be just like without any problems before Me, but My incarnation is so many-folded that I have not only to give Realization, but also to give you responsibility that you have to do the job of transforming this world into a new world.

20 DECEMBER **BRAHMAPURI TALK TO SAHAJA YOGIS**

21 DECEMBER **SANGLI INDIA TALK TO SAHAJA YOGIS**

you are
swachanda

People do not realize what tremendous work we are doing today in Sahaja Yoga.... Tomorrow you will be the foundation stones of this great image I have about the golden age of the whole world. You are not ordinary people and you should not behave like ordinary people.... You are *swachanda*. *Swa* is your spirit and *chanda* is at the disposal of your atma. And when you are that, you become absolutely collective also. And these jealousies and this petty-mindedness is not necessary. You are all universal personalities. You have to be that great. You do not belong to any country. Just to make it convenient, I use the name of the countries, but if I say north, south, east, west, I don't know how will I manage it.... So you have to take to these countries as such, but for Me they do not exist. Even the directions do not exist for Me. You are all My children and I just cannot think in that way.... Even if you are away from Me, all My attention is there.

24 & 25 DECEMBER **GANAPATIPULE TALK TO SAHAJA YOGIS**

AURANGABAD ~ The campground was in a highland called Mhaismai, overlooking the city. We went to sleep accompanied by the morning star. Nearby there was a lake where we went to bathe. Shri Mataji advised us not to swim into the middle, as there were many mires at the centre. She never failed to remind us of such details. Mother, you mean so much to us.

I woke up in one early morning. While meditating in the tent, I heard the sweet music of Shri Mataji's voice

RAHURI ~ The public program at the small village was proceeded by a procession. The program was very simple. Shri Mataji only asked the people to raise both hands and they felt the cool breeze in that split second.

PUNE ~ We were invited to Pratisthan, where we were able to experience divine creativity in the form of the house designed by Shri Maha Saraswati Herself. As the buses pulled up before Shri Mataji's house, we felt the magnetism. We could not look at the house without becoming thoughtless, nor could we look away. If one tried to stray, the attention was immediately brought back.

BRAHMAPURI ~ We gathered on the rocks below Mother's bungalow to bathe in the sweet waters of the Krishna River. As the waters washed over us, we felt lightness, joy, hopefulness and a deep sense of being one with the whole.

During the puja at Brahmapuri, Shri Mataji focused on our responsibility to the world. She showed us examples

VAITARNA ~ I didn't know what the surroundings looked like, but the scents of the fresh country air took me right back to my childhood, the howling sounds of

drifting by and jumped up right away. But already I was trailing behind some other brothers and sisters. Shri Mataji spoke to us. The purpose of the India tour, She said, is to clear the left side and to absorb the vibrations. She said that Sahaja Yoga is beyond time.

For example, the auspicious time for a puja is chosen according to the position of the moon, not by the watch. It is most important that we enjoy every moment and not worry about what hour it is or what day it is.

The three hundred Sahaja Yogis were invited to lunch at Mr. Dhumal Patil's house. He is one of the very first Sahaja Yogis. Shri Mataji gave a puja before the lunch. Then, before bhajans, garlands presented to Shri Mataji.

We were amazed by the beautiful sculptures, elegant fountains, ornate wooden doors, intricate molding and delicate patterns everywhere as Shri Mataji took us – all 350 of us – on a personal tour of Her house. The day was like a day of eternity in heaven, which only ended after a tremendous feast was prepared for us by Shri Mataji and Her daughter. We left Pratishtan, "the holy place," more satisfied than we had ever been in our lives.

of how all the incarnations and all the saints were in some way associated with taking care of their countries. We were advised not to be people who hide away from society, but to be alert as to what is happening around us, to desire for the genuine good of the people and to put our enlightened attention to working out the problems of our areas, countries and the whole world.

the dogs in the darkness echoed into the distant land and there were rustling noises from the treetops. Yet I felt perfectly peaceful in this strange dreamland of India.

it will
work out



All Sahaja Yogis are standing on the brink of the ocean, the ocean of humanity, where we have to face the problems of human beings. Otherwise, in the nature, there are no problems. They are all already solved. So one has to understand that it is not just the movement of a few people, chosen people, just to achieve Self Realization. But it is a big revolution, which has to bring forth the beauties of human beings, the glories of human beings, the proof of divinity, of divine power and of God Almighty.... It will work out for poverty. It will work out for politics. It will work out for economics. It will work out for every field of life. Sahaj Yoga is the only solution because, in this, human beings are transformed.... It is something within that transforms you, makes you knowledgeable. So you are already sat-chit-anand because you know the truth. You are in joy and your attention is enlightened.... All the Sahaj Yogis have to take the responsibility for this great war we have started. It is not the war with swords or with atomic energies because they are all destructive. This is the war against all the destructive powers through the power of love, which is constructive, which constructs human beings, which constructs societies, which constructs countries and the whole world. That is your own and also this decision has to be your own. Even if I give big lectures and say things, it may not have any effect whatsoever on you. It might be just wasted if you have not got the capacity to imbibe what I am saying, so important, so imminent. Now give up all the worries you have about your small, small, little, little things of your family, of your work, your factories, of your business, of your official positions and just know that everything has to go through Sahaja Yoga. Even the cooking I do, I do it through Sahaj. If the fire is not working, just put your hands to the fire – it becomes all right. If the rice is not cooking, put your hands to the rice – it cooks. Anything going wrong anywhere, you can use your vibrations. But I do not know what to use to make you feel responsible for Sahaj Yoga, that now we have got such a great thing with us and what are we going to do about it. I am getting vibrations from you. That means you all have agreed to what I am saying.

GANAPATIPULE ~ There are about three thousand people here and Indian people have come from all parts of the country. Music is the most important aspect of this seminar. There are not so many talks or meditation sessions, although Shri Mataji has instructed that we all meditate together every morning. But so much music – groups of musicians from every part of India and the West, instrumentalists and vocalists, every night until very late. We never sleep more than three or four hours in the night. On Christmas night, Shri Mataji explained that while the other incarnations were born in royal families, Christ, who was innocence and humility personified, took His birth in a very simple family. On the night of the puja we had bhajans until four in the morning and Babamama led the program with joy, enthusiasm, and jokes.

Alessandra Pallini

Diary of an India Tour

AURANGABAD ~ At breakfast time, Shri Mataji came out of Her cottage and had a short talk with us. She asked us what was the value and significance of this journey around Maharashtra for us westerners. She said that this land has been especially vibrated by all the incarnations – Shri Rama and Shri Sita even walked here without shoes – and there are so many swayambhus of Shri Ganesha and the other Deities in this area. Then She said that we must meditate every day because to meditate on this land clears all the problems of the left side, from the Muladhara to the Agnya. She said that this land helps us to find peace and silence within us, which is difficult to find in our countries where life is so frantic and where there is always so much to do. Later someone said that the point of this tour was to enjoy tapasya, but Shri Mataji pretended not to hear and replied, “How? Chapattis?” Everyone laughed. Then She said that this tour is not supposed to be tapasya.

RAHURI ~ We arrived here last night, at this wonderful place which is Mr. Dhumal’s farm. Today we had a puja, the second of the tour. Shri Mataji came from Her house at about midday. Her talk was beautiful and maternal and was mostly about marriage and its significance in Sahaja Yoga, which is that it is an instrument for our ascent.

At the end of the puja, every Sahaja Yogi could offer a garland of flowers to Shri Mataji’s Feet and experience incredible joy. The music and Shri Mataji’s words took us to the Sahasrara and it was like waves, drops of water resounding to infinity, producing a joy which was indescribable.

PUNE ~ We are all together in a multi-coloured pendal on the bank of the River Mutanwadi, waiting for Shri Mataji to celebrate the third puja of the tour. There are about three hundred and fifty foreigners and many Indians from Pune. There is a pleasant breeze which refreshes us because it is a bit hot at this hour. The puja is marvelous and Shri Mataji says that Pune is the city of punyas – good deeds.

While in Pune, Shri Mataji says that we gain good punyas on the Swadisthan chakra through loving and admiring nature and art. In our case, it is impossible not to admire the ancient and changeless places we have visited and where the saints and incarnations have taken their births. As our procession of seven buses wends its way through the countryside and villages, it invites curiosity, surprise and admiration, according to Shri Mataji.

BRAHMAPURI ~ There was a puja in the garden of a little house near where, four years ago, Shri Mataji had sat with Her Feet in the river. This year we again all bathed in the cool fresh water and felt the peace and silence.

GANAPATIPULE ~ Shri Mataji was welcomed with a carpet of flowers and Her entrance was preceded by two lines of girls who went in front of Her, scattering flowers at Her Feet. On the night of the 26th there was a tremendous concert by Debu Chaudhuri and Shri Mataji began distributing an endless amount of gifts to people. She was there doing this until ten o’clock the following morning. They were given first to the foreigners and then to the Indians. Everyone thanked Her from their hearts.

the time
is coming

If you see the principle of everything, as I see the principle of everything – rather human endeavour, whatever it is – it is based on gathering property. Whether it is communism, or it is democracy or socialism or anything, it is all going around and around to the point of property. Property – that may be land, that may be money, that may be anything. All economic activity surrounds that one point. It is property. So the democracy, although it is a political organization or political theory, actually is based on something very economic, an economical thing called property. Then, the same about communism: we can say it is the same thing, how to distribute the property, how to have the property equally, how to make everybody self-sufficient. But as soon as you become a realized soul, you have to know that your properties and your priorities are very different. Your property is your spirit and your priorities are where you can manifest your spirit and can feel the spirit of others. So the whole concept that was so far obstructing you and limiting your understanding changes into an unlimited area where you start thinking of the spirit.... I have never contradicted Myself, but gradually I have opened you all to the truth because I did not want to blast you. But it is now you can see the future of this world so beautiful and I am sure in our lifetimes we will see that beautiful time coming in.

28 DECEMBER GANAPATIPULE MARRIAGES

29 DECEMBER GANAPATIPULE TALK TO SAHAJA YOGIS

30 DECEMBER ALIBAG INTERVIEW

I bless
you

We have come to the end of our tour and you all will be going to your countries in different directions. Now we have to look back and see what did we learn in this tour and what did we understand.... There was a tremendous dynamic force which was working the movement, organization and the correction part of it. I do not know if you have felt that way, but you should have. So many of you must have felt that within yourself, that there is some sort of a dynamic happening.... Now you are quite capable. Now we have reached a stage where nothing can harm you, nothing can catch you.... You know how to face life.... One has to know that the nature of Sahaj itself is working out everything. But if this does not work in the right time, then we will have to have another world, which is another problem. So we have to think seriously about it and understand the essence of everything and understand yourself why you do such and such things. Once you start this method – “not this, not this, not this” – I will be not surprised that your growth will be very much faster, very much faster and I will see you as very well established Nirvikalpas very soon. I bless you that you mature very much in your spirituality.

There are sure to be errors and omissions in this short record of the events of 1988. It is not comprehensive, nor complete. Sometimes sources do not agree and when this happens priority has been given to reports written at the time by people who were there. Unverified events have not been included. We hope that the truth of Shri Mataji's travels can be found in the scope, range and love She gave every day in 1988 – and every day since.

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ALIBAG ~ After the program was over, we, the yogis from Mumbai, had dinner and went to the buses to take us back to Mumbai. Before the buses left, we got a message from Shri Mataji to come back to the program. When we arrived, She was at the entrance of the house. She was upset with us, as we had all had our food before the foreigners. She asked us how we could eat before our visitors. “You should serve them the food first. You should be taking care of them.” We realized our mistake and felt very ashamed. Then all the foreigners were asked to sit in a row and everyone from the Mumbai collective was asked to serve them their food. Shri Mataji was walking in between the rows, looking at each person to see what was missing on his or her plate. She was calling us to come and serve rice here, dal there. She not only told us our mistake, but made us face it and correct ourselves. At that time, I was just a teenager and hardly knew anything about the Lakshmi Principle, but the example She showed us will stay with me for the rest of my life.

Manisha Shanbhag-Cruz

ALIBAG ~ At the tour’s end, in this quiet fishing village, a few hours from Bombay and our re-entry into our western “battle stations,” Shri Mataji told us that because we have this tremendous force working within us as Sahaja Yogis, we should know that nothing can harm us. But She cautioned us to be careful with our egos, which still sometime obstruct. We now know that this tremendous force is working out all things, so we should not think or argue with it. We must be extremely sweet and kind and wise and joy-giving. The silence within us is the most powerful. Our prayer should be “Let the dynamic force work through me.” This dynamic force has no destruction in it, no heat, no anger, no frustration. If we find these negatives coming up, we need to say, “not this.” Whatever is left is Sahaj.

NEWS REPORTS in this magazine are primarily from the pages of *The Divine Cool Breeze* magazines published in 1988 and 1989. Additional stories are from the series of books, *Eternally Inspiring Recollections of Our Holy Mother* edited by Linda Williams. Back cover words are from the diary of Alessandra Pallini.

PHOTOS are all from 1988, from the cameras of Colin Heinson, Gregoire de Kalbermatten, Alessandra Pallini and others.

the Sangha

of Sahaja Yogis

in the Sahasrara

of Shri Mataji

Whether in the presence of Shri Mataji

at the pujas or whether for some reason I was in direct contact

with Her on an interior level – for instance at Pune during

the aarti or at the public program at Rahuri when I offered

Her the garland or during the Gauri Puja at Ganapatipule

when I was near Her throne to take a photo of the newlyweds

and I was called, with great joy, to offer the saris, one from the

West and the other from India and was able to also offer fruit

on Shri Mataji's lap – in such moments, due to the profound

presence of Shri Mataji, I felt only the desire to thank Her.

It was a great sense of gratitude towards the Divine Mother,

who has given me so many blessings, most of all this bliss,

this joy of the Sahasrara, which overtakes and sweeps away

every thought, every desire and gives total fulfilment and joy,

the presence of God in our consciousness. All differences of sex,

culture, age, role in life are annulled in the true collectivity –

the Sangha of Sahaja Yogis in the Sahasrara of Shri Mataji,

the heart of the universal being. This enables us to know who

we really are, away from the illusion of corporal appearances,

so we can permanently become one with this profound love,

this deep sense of peace, which emanates from being close to Her.