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THE DIVINE COOL BREEZE

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My life
is for the purpose
of the emancipation
of humanity.

Now forward on!

6 February 1985 Bordi India

A NEW ERA

Sacrifice Freedom Ascent

I do not know what to say from My side. The words get lost. They have no meaning.

So many of you are aspiring to ascend to that state where you would have complete joy, bliss and peace. This is what I could give you and a mother is only happy when she can give whatever she has to her children. Her unhappiness, all her restlessness, everything is just to achieve that end, to gift all that she has. I do not know how much to thank you people, to go through all this to get to that treasure that you have within yourself.

Sahaj is the only word I could think when I started to manifest the Sahasrara opening that is easily understood by everyone so far. But you have realized that it is today a different style of yoga, where first enlightenment is given and then you are allowed to look after yourself. It was never done before. It is just a venture of your Mother which has worked out.

In the olden times, of course, the concern of the Divine was to get people enlightened and they did not know how to work it out. No incarnation ever tried to work it out in this fashion. But whenever they tried, they tried to have a very severe hardship for the seekers – very severe hardships.

the truth is going to make us beautiful

1989.05.21

I can go on talking about Buddha for days together. There is no end to it. He is the one who has taught us so many beautiful things by His own life. And if we have to really imbibe His spirit within ourselves, we have to have that detachment from within.

As every religion is ruined by the followers, Buddha said, “Don’t worship, don’t even talk of God.” He said, “Don’t talk of God, just talk of Self Realization. First let them have Self Realization and don’t worship anything.” He said “just don’t worship” because He knew there was nothing to be worshipable. But they have got stupas and they worship this and they worship that – no end to it.

They said, “These are the teeth of Buddha.” I mean, how can you have the teeth of Buddha? When Buddha died, you mean He took out His teeth or what? These are Buddha’s teeth they are worshipping? There are no vibrations. I saw it. It was nothing. I can understand hair or nails, but His teeth are everywhere being worshipped.

I know My Sahaja Yogis cannot spoil much of Sahaja Yoga. If they do, they will lose their vibrations. So be careful on that. But with ego, I have seen people, they even lose their vibrations, “No I’m all right, oh, I’m getting all the vibrations....” Befooling yourself is the job of ego, so be careful.

On today’s great occasion, let us think of the hazardous time He had and the way He has created for us this Sahaja Yoga, that we are bathing in the light of their compassion, their hard work, their dedication, their sacrifices, all that.

The truth is going to make us beautiful.

BUDDHA

I wonder how many of you have read the treatise of Buddha, when He used to travel with thousands of His disciples, not giving Realization. They were not realized souls, without feeling any joy around, with two clothes – living in the jungles, just two clothes. And the area where He visited, which I have seen Myself, is terribly cold, chilly, absolutely chilly and the clothes were not clothes actually. It was cloth covering their body. Sleeping on the open ground in very severe winter or maybe in the summer without any shoes, they were asked to walk for miles together. If you go and see where Buddha has walked and trodden, you will be surprised.

Buddha was also young. He used to also walk, but His disciples used to walk much more because He would go and station in a place. He would send His disciples. There was no time to advertise or to announce anything. He used to stay in one place and the disciples used to go around the villages, ask for *bhiksha* – meaning the alms – to gather some food from villages. Cook one time, give part of it to Buddha and the rest of that they used to eat. They would go, work out, get people from all the villages, whatever was possible and would bring them to Buddha for a sermon – such sacrifices.



2

SAHAJA YOGA

a **VENTURE** of your Mother

which has **worked out**

1982.11.01

Every disciple has to go through a very severe disciplining of himself if he has to become the guru. There is no doubt about it. It is not only that somebody like Me comes and tells you do this, do that and the next day you forget. It is a very serious matter one has to understand. You have got your Realization through Sahaja Yoga. Now you have become Sahaj Yogis. But still I would say you are not full Sahaja Yogis because every Sahaja Yogi has to be a guru, otherwise he is not a Sahaj Yogi.

SEEKERS

They have lived in huts, caves, in terrible darkness, meditating, but they never got Realization. Very few got their Realization. They were people who were sons of great princes and prince, dukes ... all very, very rich people. Women of very rich families followed Him. They walked for miles together with Him in the thorny roads because they felt that Buddha's work was of such universal importance, that they were the part and parcel of such a tremendous task, that they should be taking part in such a great work for humanity.

This is not only in India, but even Veditama, who started the Zen system in Japan. In China, I was surprised the amount of sacrifices the saints had made, the way they lived. I mean, if you see the way they were living, in the conditions, you cannot imagine and they ended up their lives like that, working it out without any proper guidance. Because Buddha had died, there was no way out. They had to find their own ways....

Even if you see other seekers in other religions, like at the time of Christ, where did they live? And after the death of Christ it was even worse because they were persecuted, they were killed. They were tortured, crucified. It happened with Moses also. His disciples were hounded, so they had to all run towards India. Imagine the distances. From that area to Kashmir, how they must have walked, how they must have lived, how they must have carried on. And in thousands they came to India because they realized that they were doing a tremendous task, something so great that they are supporting.

this Sahaja Yoga family is **one**

1999.03.21

Gradually, all nations will become one. I am sure of that because great times are coming and so many people at the helm of affairs will take to Sahaja Yoga. Once they take to Sahaja Yoga, then things will be very much different.

Today it is not with them. Sahaja Yoga is not with them. They have no knowledge of our great movement of love, so they want to have separate everything. They do not know tomorrow they will be scorched away with the heat around. Or maybe with the rain they will be washed away or maybe that the Mother Earth might absorb them.

So we all should be together, whatever may be the differences. In different families we are born. After all, all cannot be born in one family. But now you belong to the Sahaja Yoga family and this Sahaja Yoga family is one. It does not believe in having a separate existence or a separate speciality. We are all one with each other and we do not care what sort of differences are outside....

We have to establish the Satya Yuga, for which all of you from every country should be thinking how you can do it in your country and in other countries. What are the problems in another country? Put your attention outside, not inside.... We should know what other people need, what the people in our society, in our nation, in our world require.... It is very important for Sahaja Yogis to sit down and write down what the world needs and what is to be done.

It will be a nice idea for all of you to really aspire for that kind of homogeneous society that we have here today. And we will be one day. You will be surprised that we will be the ones who will guide and lead the rest of the people with our love, attention and care.

So it is a very important time and, at this time, we should all think on those lines.

FAMILY

In this country we had a struggle of freedom. I was part and parcel of that. My parents were part and parcel of that. They were rich people – quite rich I should say – from every standard. You will be amazed, My father burnt all his suits. They were stitched in England. My mother burnt all her saris. They used to spin their own clothes and wear them. My father sacrificed everything, every paisa that he had, for the freedom struggle. He left nothing for us....

Our family, being rich, we had silver and gold and all that. But as far as all the cash money was concerned, it was spent. And all this silver and gold also, thanks to the English, they took away from us and they returned it to us when they went back. That is how we had some silver and gold left in the family....

We lived in beautiful houses and then we shifted to huts and lived there – sacrifices to the maximum. We were very happy about it, very proud. We had only two changes. We used to wash our clothes, live like very poor people.... For My life, I remember that I never used to take a pillow. I never used chappals for ages. I had only one sweater.... Until I passed and went to medical college, I had that sweater with Me. I had only one coat throughout My education. When I was in Lahore, which is terribly cold – sometimes it can be like London – it was worn out and finished. But we never grudged and never grumbled and never said, "Our father should have looked after us and done something. Why did he just sacrifice everything for the country?" Never, never, never. Even today when they see us anywhere, they know we are the children of such a great man. They have tremendous respect....

4

we are here to get our **freedom**

1990.08.11

We are for the emancipation of the humanity. We are for saving people from blunders and from their destruction. If you take a bigger platform and talk about those things, then it will be helped.

For example, now it is a very good thing that I was with Mahatma Gandhi. People have got great respect for Mahatma Gandhi. Of course, Mahatma Gandhi was very much impressed about Me, no doubt. Even when I was a child, he used to consult Me.... He has talked about *sarva dharma savanatma*. That means all the religions are treated with the same respect and same understanding.

Once you start talking like that, then people will understand that it has some noble heritage behind it because everybody wants to know from what book I have learned. I have never learned from any book, that you know very well. But you can say that “She is the one who was with him” and that “he was very much impressed by Her” and the same ideas of peace and non-violence and all that. “These are the same techniques and methods She wants to use.”

That’s a fact, no doubt, but Mahatma Gandhi was a very fiery speaker. All people who followed him were very fiery. They were not just “All right, come along, have a cup of tea.” This kind of thing is not going to work out.

transformed into a new personality
of **tremendous sacrifice**

GANDHI

That quality was created, I should say, by Mahatma Gandhi. He made everybody so transformed into a new personality of tremendous sacrifice - tremendous. You cannot imagine how people lived. All the money that we had, everything that we had, all conveniences, conveyances, all housing, everything was given up, not only by My father, but so many of them. Otherwise we could not have got our freedom. To get our freedom, this country has sacrificed so much.

Now after that, we are here to get our freedom, to get the freedom for our Spirit, to make our Spirit free from our greed, lust, from your anger, from our conditionings, from our terrible ego, from the body being enslaved by comfort.

I must say Gandhiji had a special charm. I don't know how he managed. He was like the touch of Midas. He touched anybody, he became transformed, you see. And he was an extremely strict man. He was very kind to Me, to children, but he was an extremely strict man. He would not tolerate any nonsense at all.

upliftment of the noble cause made them sacrifice in such a **sahaj manner**

1982.07.31

You are in the front. It is very little time I need. But I really need people with steadfast wisdom and dedication – steadfast. Even for a second, it should not go this side or that side. Then we can progress faster. We can go ahead to fight the battle. Perhaps now you are aware of the subtleties of the negativities, how they work, how they use their power – of course, which is limited – to destroy God’s work and how you have to be alert, equipped and dedicated....

As you are before Me today, I want to tell you very frankly ... there is no other way out. *Vraja* means the one who is twice-born, like a solid, solid personality. When you are solid, then you must dedicate. When you are perfected, then you must dedicate. It will help you to get out of the mire and then it will help the great cause.

No one understands why Mother is trying to help us or they think She is too generous. I am not. I have a lot of common sense because you are the ones who are capable of manifesting God’s joy on this Earth.

You are the flutes which are going to play the melody of God. You are going to be used and maneuvered by God. I am doing all this to perfect you to be the most beautiful instrument of God, to be the right instrument of God.

I do not know if you understand how sweet, beautiful a life it would be – the life of dedication, with understanding, logical, completely dedicated, extracting all the nourishment and dedicating it for a higher purpose. It is something like the way the leaves extract the sun’s rays and give colour, achieve colour for themselves, for a higher purpose, that they can be used by human beings later on. Nothing on this Earth works out the other way around. Everything works out for a purpose, but such an unselfish, such a wide, such a great, dynamic purpose.

You become the ocean. You become the moon. You become the sun. You become the Earth. You become the ether, the firmament and you become the Spirit. You work for all of them. All the stars and universes you become and take up their work. That is what it is because you have jumped onto your principle, onto your tattwa. That is how you jump onto everybody’s tattwa. But be dedicated on that tattwa because I am the principle of all these things. I am the tattwa – *Tattvam asi*. I am the Principle. Keep to your principle. I am the Kundalini. I am the Essence.

NOBLE CAUSE

Throughout, if you study the way all these people were brought up, not only for freedom or independence, but even before that, for spiritual life, anywhere, there is one thing very common. It is sacrifice. And the consciousness that you are doing something great, consciousness that you are part and parcel of the whole, such a big thing, such a big work, such a noble cause. And then there was one thing very common, very common among all of them, that the noble cause, the upliftment of the noble cause made them sacrifice in such a sahaj manner - much more than the Sahaja Yogis sometimes, who have got so much in Sahaja Yoga. They have got their joy. They have got their Spirit. I have seen it with My own eyes, such people in this country whom you may call legendary, but I have seen it. Thousands of people were killed and butchered. Children died. Nobody shed tears. Nobody shed tears. But to feel that you are for such a noble cause itself gives you that joy and that sense of involvement.

And moreover, what I know about Mahatma Gandhi and other people, what I have seen, how they were, everybody was not allowed to come in. And anybody who did even the slightest thing less than - whether he was a king's son or he was anybody's daughter or anything, any little thing they spoilt, anything - he was chucked out. I have stayed in Gandhi's ashram so I know what it is and that is how you know I can go through a rigorous life. It is his training.

6

the great job of freeing this great country

1988.06.08

I was living with him from the age of seven years – quite a time – and certain things, of course, he realized in Me perhaps.

He was a very kind person, to children especially, but a very great disciplinarian to himself and to others also. But with children, he was very kind and I used to meet him quite often.

My parents both were with him. And My father went to jail many times. My mother went to jail. And I too took a very dynamic role when I was very young, about eighteen years of age, in the 1942-movement. And I organized lots of things when they were all in jail.... We organized young people, organized many things by which we could oppose the government....

So we young people decided to organize a protest and we were put to lot of harassment – especially Me – they were against Me very much. But I don't want to say much against the English because now they are different people. So that time is over now.

After 1942, he took another turn because we were expecting our freedom. The Quit India movement was successful and the English decided to leave us. So he said that we should take to more constructive work and not to politics....

One day, they were having a meeting in our ashram. It was Gandhiji's ashram. I was there and many great leaders of India were there. But the wife of Mahatma Gandhi had gone out somewhere. We called her Kasturbai. And the time was up for lunch. So Mahatma Gandhi said, "You better have your lunch here, all of you." So he got up himself because his wife was not there. He opened the storeroom with his key and counted how many people there were. I don't know where he learned all this, but he did count and measure the food, measured all the grains that were there. It took about fifteen minutes. So all the leaders felt very guilty about it. So one of them said, "Bapu," – bapu means father – "you should have not bothered, we would gone and had lunch. You took so much time to do it. You need not have bothered. You could have told somebody to do it."

So the sentence he said: "These grains are the blood of my country. I can't allow it to be spilled out or wasted."

GANDHI'S ASHRAM

All the children above twelve years had to clean the whole of that ashram area, which is in, I think, fifty acres of land – every morning. They had to clean their latrines, also the latrines of the guests. I have cleaned. And they were allowed only two dresses. And nothing could be kept. Even you cannot see one paper anywhere, any litter anywhere, so clean, spick and span. And the living places were so neat and tidy. It was all done with cow dung, completely with cow dung. Everybody had to take a bath early in the morning at four o'clock with cold water, whether it was Jawaharlal Nehru or Abul Kalam Azad, My father, of any age group or a child. And five o'clock, Mahatma Gandhi was there for his lecture.

And then early in the morning at four o'clock, you will be surprised, getting up – for Me it was all right – and then to walk in those fifty acres of land to the centre of that hall, which was nothing but just an open space surrounded by some sort of huts where Gandhiji was living. To walk all the way after bath, after getting ready and all that and snakes used to crawl along. Nobody was bitten, of course. I think the snakes understood that people were busy with the great job of freeing this great country. And we would sit just like this and snakes would be crawling. No lights were allowed, no lights of any kind. We only used sunlight. And when Gandhiji would come – I mean sunlight was not there in the morning at all – some lanterns were brought to put there and we would see the snakes crawling up.



freedom to choose

an auspicious life or a destructive life

1997.06.08

Now you have freedom. You are given freedom to choose and so you must have full vision whether to choose an auspicious life, a holy life, a divine life or to choose a destructive life.

This opposition came forward because your freedom had to be respected. That was very important.

In the growth of human awareness it was very important to respect the freedom of human beings because animals, if you see, they have no freedom. A snake will be a snake. A scorpion will be a scorpion. A lion will be a lion. They live with their own qualities, *gunas*. You cannot make them do something that other animals are doing. We have passed through all these different animal *yonis* and now we are human beings and now we have freedom.

Now why freedom, one may ask.... In school they teach you two plus two is four and you have to remember it. But when you grow and when you go to college, you are supposed to have freedom to understand everything yourself. In the same manner, your awareness was to be brought to that level that you could use your freedom wisely....

This freedom without any wisdom at all growing, starts creating a terrible ego. When auspiciousness is given up, then Shri Ganesha sleeps and Christ, who is the incarnation of Shri Ganesha, also doesn't bother. So the rule of Christ is finished. What rules is the ego, this ego which thinks it is free. It does not know it is bound by all kinds of enemies of very horrible types.

the greatest of greatest work

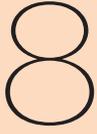
political freedom to talk about God

FREEDOM

I never heard anybody complaining. But like a war, driven with such passion, everybody competing as to “What I can do? How I can be all right?” nobody even thought of comfort. Of course, they were all about up to fifty years of age or something like that. In the ashram, mostly the people were about up to fifty years of age at that time. And I have seen with My own eyes the people who had huge cars in the house and things like that, they sold off, they threw it away. They used to come by train to Wardha station and walk down. Gandhiji would not see anybody coming in even in a tonga and they listened to him and obeyed him.

I have seen many missionaries, though they are not up to the point, nothing very noble, but the way, that is how they take people to task and people work it out for them. I have seen that. In India, we had missionaries and younger people who came from abroad. They just absolutely, obediently listened to the missionaries and did whatever they said.

Now today we are doing, as you know, the greatest of greatest work because freedom, independence or freedom is, of course, necessary – political freedom to talk even about God. We could not even make a small little needle at that time. We were not allowed by the government, so much oppressed. So we had to get out of the shackles of slavery, no doubt.



you are trying to save **the whole world**

2000.10.29

I hope you understand that I have not changed the way. It is the path which is going now in a smooth way. We had to first climb a very hazardous mountain and now we have come to a place where we understand.... We have to show the results of Kundalini awakening.

It is not only for you. It is not only for you people who are realized. It is for the whole world. That is My vision. And according to that vision, I have been doing My work. And now, as you know, I leave this responsibility to you all.

I hope you understand that it is important that you should think of other things than your own problems, your own stupid questions.... Solve your own problems. Try to solve them. Once you solve your problems, you will be amazed. You will know what you have got.

1984.02.25

You can achieve that peace, which we all human beings should have, if you have to save this world from complete destruction. And you must have realized that now Sahaja Yoga is growing much faster and it is taking a good speed and we all have to keep ourselves equipped to be able to be part and parcel of this great evolutionary and revolutionary process which is going to stir up the whole world.

For that, it is important also to see that we take ourselves to task and do not get into mediocre living and mediocre thinking. We are people of very great potential. Not only that, but we are blessed by God's divine power. Try to use that power within yourself and try to be one with it. A little bit you have to see that you beat up you body, beat up your mind, beat up your ego and chisel it out so that it is beautifully made in such a way that you grow into that image for which you are made.

WHOLE WORLD

But now I find we have another kind of slavery, a slavery of selfishness, self-oriented. "This is my comfort. I must have this. It should be enjoyable. I'm enjoying. I'm this. I'm that." You should enjoy, otherwise it is not something great. I mean the whole thing should provide you some sort of a feeling, instead of you providing the feeling. Because people, I think, do not know what they are doing, what sort of a work they are doing. They do not want to come up to that level of that height, to see what you are up to. You are trying to save the whole world.

This is one of the reasons Sahaja Yoga moves so slowly, because they see people who worry, who are worried about their comforts, this, that and also they are themselves are so lousy. There is no smartness about them, no feeling of that greatness that they have to do. You have to be smart. If you know you are on the war, how will you behave? I am sure the mediocrity is much less now. Better people – I am sure we will get even better people now, much better people. They worry about little, little things of their families, this, that. They worry about their own problems and their jobs and this and that. I mean nobody could talk like this to Gandhiji. I tell you, he would have slapped, take it from Me. It is as if to come to Sahaja Yoga means "solve your own problems," that's all. Though you are, they are solved, no doubt, you are helped. God helps you so much. But how much are you doing about it?

at that time it was sacrifice,
but today **it should be Sahaj**

1986.08.02

One has to remember that the Quit India movement started all right and all kinds of sacrifices were done. People sacrificed so much that you cannot imagine how much people have to sacrifice.... As a result of those sacrifices, we got our independence and we have to thank the Labour government for that. If Mr. Attlee was not chosen by the Divine we would never have got our independence.

We got our independence and graciously the English left us. That was something really great of them in those days to do it. But that independence was just a political independence, political freedom. Today you have the ultimate – ultimate freedom. You got the freedom of your Spirit which is not attached to anything, which is not anything but the Spirit, which is absolute, which is neither English nor Indian nor Australian ... which is not anything but the Spirit itself. The complete freedom you have got. In that freedom you have to rise. Still we have considerations of brothers, sisters, children, wife – no, you are the Spirit.

You have to sacrifice. For Me, nothing is like sacrificing because I do not know what am I sacrificing. In the same way, what we call sacrifice at that stage should be Sahaj now for us – Sahaj. That time it was a sacrifice, but today it should be Sahaj. We have gained so much in Sahaja Yoga. In that freedom fight, they gained nothing. But what are we sacrificing? Just our ego....

You left an empire. India was the gem. On that earning, you are still having your doles today. Such a rich country you left. The richest of all in the whole world was India. You do not know how rich India was and is today, even if you see to it. And you left that country. You are a small country. You do not have any riches as such, nothing, but in your greatness you left it. Nobody will leave like that. Your forefathers did it. It was a great sacrifice I think, from the worldly point of view.

So we have to now understand that we must have confidence in ourselves in such a way that whatever we sacrifice, what do we sacrifice? In this maya, you sacrifice something and how much do you get out of it? Just the maya is testing you.

SACRIFICE

Of course, we have some very great Sahaja Yogis. I would not deny that fact. We have some, much more than I had ever, and that is why I am very joyous about it. But the dedication we have – we count every penny that we spend, how much we've got out of that penny, what did we do about it. This is not the way. Buddha never spent a single penny of His own. He got money from all His disciples, built all these big things and all that. He never had even a public help from anybody else.

So rise now. You must rise above your petty, small mind. Rise up to the point where you should know you are going to save the whole humanity. If you cannot feel that, it is better to leave Sahaja Yoga. Sahaja Yoga is not meant for people who are lousy. In Marathi the word is *gabare*. Tukaram has said, "Yerya gabayatze kama no he." "It is not the work of the lousy."

Shivaji himself, when he fought his war, he caught hold of people, the *sardaras* and the dukes of that time that they were. They gave up everything that they had. They gave up their lives, everything. Their children they sacrificed. They sacrificed whatever they had. Shivaji had no money to pay them. You must have heard lots of stories about Shivaji, while if you see how we Sahaja Yogis are in this world, *kshema* comes first before yoga. It is like that. It is your Mother's love. I want My children to be comfortable, they are newly born babes. All right, they need comfort. They are to be looked after. But I cannot blackmail the Divine because the children are small, can I?



GROWTH

I am here to do the job of God Almighty and when you are My children, all right, His grace will work. He will look after you. He will make you grow. But grow now, grow. You have to grow. Get out of this small nonsense that you are. See your personality, how you live. Where is your attention? What do you think? Are you thinking about Sahaja Yoga, that it is the most important thing, for which you are chosen?

I feel sometimes, as I was feeling all the time, that you might be uncomfortable in many places. But I Myself have seen the way you people have been in those places, most carelessly, the western Sahaja Yogis, I was surprised. In that way Indians are better in this respect. And some of the Indian Sahaja Yogis have been misbehaving in a very funny manner. It shocked Me the way they have been behaving, shouting at people, creating problems. Some people come to see Me. They talk to them in such a rude manner that they run away. You can talk to them sweetly. You have to be nice to them, not to shout at people. All right, I cannot meet everyone at every time, at every convenience, all right. But that does not mean you have a right to shout at others. This is so petty and so low that I do not know how far I have to come down.

When you rise above all these petty things, you will develop that divine discretion. That divine discretion is the real blessing of God. All other blessings that you think are a blessing are no blessing at all. Unless and until you can grow, what is the blessing? Like a tree which says, "It's such a blessing that I have got rain," but out of that rain, if you cannot grow, what is the use of having that rain on you?

it is the universal religion
formed out of **My teachings of love**

1982.01.24

I am too ambitious, I should say, but I see reality in you and reality in Myself. On that basis, I say one has to become great. People of that special quality will they have sterling qualities – sterling qualities, spiritual qualities, which are so subtle, so beautiful, so sweet, so understanding and still just like steel.

Nobody can push them from their goals, principles, tattwas. That is what it is, so simple as that. And then you start enjoying your love, enjoying your virtues, enjoying everything and having compassion. Then you do not catch.

You catch because you do not have compassion. In compassion you will never catch – never. A mother never gets a disease from her child. It is a fact. The child may be a tuberculosis patient or could be any patient. She never catches because she loves. In the same way, when you really love, you will never catch anything. Then what is the question of what is to clear, where to clear, what to do...?

At this moment, My children, My Sahaja Yogis are at that level that they can completely open their heart without any fear. It is a very different stage you have reached now. You are at a different stage. Just assume your powers. Know that you are that. Just open your heart.

understand

what is your worth

what is your value and

what is the position you are given

COMPASSION

You have to be compassionate, beautiful, sensible people who are the highest beings on this Earth. Take out your attention from all nonsense that you have been busy with. That is how you get possessed. That is how you get conditioned – small, small things.

In India we have another problem. We cannot tolerate another person. If any person is doing good for Sahaja Yoga, immediately a group is built up. It is very common with Indians. A group is built up to put him down. This was not done when Gandhiji was there. I do not know how it happens. It only happens with poor leadership. I think I do not have that leadership. At the time of Gandhiji, he used to blast people out completely.

Cutting each other's throat and saying things behind the back, behind, forming groups. Anybody who works out something nice and I try to help that person to express himself, immediately a group comes up too. And there are some hopelessly peripheral, useless Sahaja Yogis in the West and in the East who try to make a mess of things. They think they are big gurus, big people. They are very small people, chicken-hearted, I should say. And they think they are very big, great people because they can take good photographs maybe or that they can wear a dress in a particular manner or something like that stupid stuff as they are – and they try to dominate others. Such people will be thrown out, absolutely. No use having useless people in a machine like this.

rule yourself, rule others through compassion, love and discretion

1985.12.27

1987.10.24

We are entering into a new era where we have to love. We do not have to aggress. We have to embrace. This is another era altogether. That aggression of Napoleon is over now. It is a new thing we have started, into another world, when we have to get more people. We have to synthesize the whole thing. And when you aggress, you start analyzing. There is nothing to analyze.

Such a person, who has this light of love, loves himself as well and emits love for others. I have been hearing about the way people used to torture themselves to become saintly. There is no need at all for Sahaja Yogis to torture themselves. But to be the light of a higher magnitude, they have to be full of love. And this love they get it from where?

You may say it is from Me. It is true, but the sap of the tree flows all over and all the tree must live together. Any leaf that wants to separate itself will die out. So it is the collectivity which is going to make you grow. Any ideas which you have of keeping yourself out or preserving yourself out or having your houses separate from the collectivity may be dangerous. The houses may be separate, but they must be the houses of all the Sahaja Yogis. Anybody who comes to your house, who is a Sahaja Yogi, is an owner of that house. That sort of a feeling should be developed.

When the light you take out from one room to another room, it does not say, "This is my room, so I'll give light. If I go to another room, I will not give light."

Now, the light is absolutely detached. If you do not look after your light, it will extinguish. You have to look after it until it takes its proper stand. And once it takes a particular stand, then you are a strong Sahaja Yogi. Then they see the light on your face and then you manifest light in their lives.

If you put a finger on a flame, it will burn, but the light of love never burns. It dissolves all that is bad. It rejects. It turns away from whatever is wrong. It has patience and it expels the darkness – darkness within and without.

LOVE

Today is the beginning of a new era, of a new era of people of very high qualities, whose Spirit has been enlightened. Let us all think about it. Now you have to rule yourself and you have to rule others through compassion, love and discretion. Today – that is the big time that I have declared that it is the universal religion, the Nirmala religion which is formed out of My teachings of love.

But it does not mean by any chance that you remain dwarfs. I am not going to spoil you. I am not going to spoil you by keeping you as dwarfy people. So try to rise. Do not dominate each other. Respect each other. You are out for a very big work of the Virat. How much you know about the Divine, nobody has known so far. But fix up yourself. I have known of a very great saint called Gagangarh Maharaj who has fallen down completely. If a person like him can fall down, you also can fall down if you do not understand what is your worth, what is your value and what is the position you are given.

So we have to today, with all our love for our Mother, we have to decide in our heart that we are going to have large-heartedness of sacrifices. What have we sacrificed so far? Just think of it. Have we? Did we sacrifice anything? Please try to understand that I have to use you, the great souls, to save humanity.

A Sahaja Yogi has no business to feel guilty, nor does he have anything to do with condemning himself. You must know that if you were not a Sahaja Yogi, I could not have talked to you, you could not have come to India, you could not have known what is the Spirit and also know the amount of knowledge you know. Nobody so far in the whole history of spirituality knew – except for the incarnations.

You are put quite close to incarnations, so you have to be very proud, not vain, but proud because what you know is the truth. This beautiful awareness that you have about yourself should really mold you into beautiful people, into an image of that collectivity....

In the future, we have to think of Ram-Raj. It is the Kingdom of God being brought on this Earth. Instead of us going into the Kingdom of God, let us bring the Kingdom of God on this Earth. It is possible, but you have to look after your growth and the sacrifices of giving it to others. Here you do not have to sacrifice anything as such. You do not have to surrender anything. What you have to surrender is your ego and your super-ego. Then you become free people. And this freedom will take you very much higher and higher in your spiritual ascent.

people of very great valour
and great idealism
and noble ideas

ASCENT

You must grow. You must grow. You have to grow.

On money points also people are so wretched: they make money, they save money. In America, I was surprised the way people cheated Me of money – thousands. In India also this is a very common practice. Then if you have career-mindedness and you are very ambitious – “How my job will remain?” this, that – you had better get out of Sahaja Yoga. It is not going to help us at all.

Thirdly, there are people who believe that “this is my wife, this is my beloved, this is this” and all that nonsense. Why are you here – for what? Or “my children, my household, my mother, my father,” all sorts of wretched people around, if you cannot rise above them, you cannot help Me. I am sorry, you cannot help Me. You have to be very, very strong people. You have to be people of very great valour and great idealism and noble ideas. Some are like petty shopkeepers who follow the platoons to sell some things around. In Marathi it is called *bazaar bunge*.

So now you meditate upon this point, that here we are to establish the universal religion of ascent. It is a tremendous task. If I could do it alone, I would have done it, but I cannot. It is only through you I have to do it. And you have a heritage. You come from a very great birth, where you have this heritage. With that heritage, if I cannot manage you, I think I had better give up your leadership. I cannot do it.



STRUGGLE

When we were fighting for our freedom, all of us were removed from schools because we were in the missionary school and the missionaries believed that Christ was born in England. So they would not allow us to study in those schools, so we were all removed from schools. We had no education for some time. I could not pass My inter-science. For two years, I could not appear because they rusticated us from colleges and schools. The government rusticated us. But we were such proud children, very proud. I was, of course, very much thick in it. I was never frightened.

I was just an eighteen-year-old girl and I remember one day some people came and told us that "Your father is transferred from this jail to another jail." They had such pride for us, all the people. So they had brought cars to take us down and there were so many there. And mother naturally was worried because I was a young girl. The police used to torture Me. They used to give Me shocks and make My life very miserable, beat Me and all that. So she was crying and she told an old gentleman who was there that "I'm worried about My daughter, you see. I don't want Her to be tortured any more." So I went and smiled at him. So he said, "No, you just don't. Stop it now. You just don't do it. It's not proper."

So My father, you see, took Me aside. He said, "Don't listen to this old johnny. He's now about to die. Forget him. I would like all my children to be sacrificed on the altar of freedom. If you are doing it, I am a proud father and I'll tell your mother to behave herself. I am so proud of you."

13

seek the comfort of your **spirit**

1973.08.28

For love, the satisfaction is only love, that you love another person. You just flow your love and you will feel it will work out. Just decide that I am going to love people. And once you decide that, the whole heaven, the whole power of the heaven will fall at your feet. You believe Me in this.

If you see otherwise, I am an ordinary housewife. Some people always say, "Mataji, how can we be like this?" Why not? I am just like you. I have the same problems as you have. But only thing, I know that I am nothing but the embodiment of that love that is divine and I cannot exist without it.

Every moment of My life let the love flow. Let the love flow. Every wave of My mind conveys the love.

And that makes you completely powerful.

1988.06.07

Happiness and unhappiness are two sides of a coin, but joy has no another side. It is the ascending force which slowly, slowly takes you to that beautiful realm of enjoyment....

Like the ocean that strikes all the shores and then all the ripples go back and weave a pattern, that is how the whole of My life I could see as a beautiful pattern. And that beautiful lacing you cannot describe in words.

So I would say now good night to you and enjoy in your dreams also the same joy.

let the love flow

MY LIFE

Such atmosphere I have passed through. I had to give up My college. I was absconding for eight months. The police was after My life. I know what we have gone through. We were very young people. Eighteen years, you can imagine.

And now when you have got the freedom of your Spirit, you must seek the comfort of your Spirit.... Those who know that they have come here not to enjoy themselves only, but to make the whole world enjoy what you have got, to give it to them. And for that, one has to sacrifice, one has to bear the pangs.

How much I bear your pangs when you are caught up, when you have troubles, when this and that. I have got blisters sometimes from you, everything. But I don't mind because it is My life, My mission, My existence, My everything is for the purpose of the emancipation of humanity. Even the last drop of My blood is for that. So My satisfactions are very different.

Please remember you are born of a very brave Mother. Please try to rise. Be proud that we are doing such a tremendous task. Have that feeling of great valour. Then only, we can achieve results.



MY ORDER

You have seen so many wars. You have seen so many war pictures. You have seen how people have fought, how they have sacrificed themselves. And let us see what are we doing in this war. Just make your body your slave. Get out of the slavery of your body, of your conditionings and your nonsensical ego.

I am sure, as a mother, I am not so bad. But as a father, I think I lack some things. Please try to come up so that I should feel that I did not lack in My fatherly attitude towards you – that awe, that understanding of a father's expectations. This I am not saying to you because it is some present situation because of you people particularly, or for anything which is very, very sort of a present-day problem – none of these things. But it is My announcement of this new dimension into which we have to rise. And as in the war, we have to declare "Now forward on!" In the same way, this is a declaration in no way to degrade you, in no way to insult you or to say anything about any one of you, but to just infuse that inspiration which led thousands and thousands and millions and billions of people to sacrifice for a greater cause.

So now have respect for yourself. Raise your heads. You are the ones who are going to fight. You are the ones who are responsible. Prepare yourself. Prepare your body. Prepare your mind. Be discreet. This is My – I would not say request again – this is My order.

BORDI is a seaside town on the north coast of Maharashtra, about 145 kilometers from Mumbai. Between 1973 and 1985, Shri Mataji and the Sahaja Yogis gathered there many times for pujas, seminars and weddings. Nargol is nearby, across the border in Gujarat. This talk from the 1985 India tour was among the last in Bordi. **PHOTOS** on cover, GROWTH and opposite by Matthew Fogarty.

Raise your heads.

Prepare yourself.

Prepare your body.

Prepare your mind.

Be discreet.