

CHILDREN

from the pages of The Divine Cool Breeze

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from *The Divine Cool Breeze*

CHILDREN

Shri Ganehsa Puja
13 September 2003
Cabella Italy

they are

Little children – they are the ones who are incarnations. They are the ones who are going to lead humanity into some great advancement.

The humanity has to be looked after. They are tomorrow's humanity and we are today's. And what are we giving to them for them to follow? What is their aim in life? It is very, very difficult to say. But with the Sahaja Yoga they will all go in the proper way. They'll behave in a proper way and the whole thing will be a different mass of Sahaja Yogis coming up. But it is the duty of bigger Sahaja Yogis to look after them, to have better moral standards, to have better lives so that they follow your life and become genuinely good Sahaja Yogis. It's a very big responsibility. Perhaps we don't recognize it, we don't understand, but all these are little creatures who are after the image of great souls and they should be brought up in that way, respected in that manner and loved with great care. This is to be understood.

The problem with our elderly people is this: that we do not consider children to be considered, to be bothered about, to be understood about. We think we are too intelligent, too good and we need not waste our energy with them. This is the trouble of the elderly people....

We should know they are all incarnations of Shri Ganesha and they should be given proper attention, proper understanding about themselves. I find a certain amount of children who are very well-behaved, who are very sensible and there are some who have no idea as to what they are doing. So it is the duty of the elders to put ideas into their head, to properly understand about themselves and the self-respect. The same thing I would say for the elder Sahaja Yogis who have to look after their younger brothers and sisters.

In this family of ours, which we call as Sahaja Yogis, there are all kinds of people, all types, all behaviors. Of course, they should not be regimented, there should not be uniformity, but in that variety there should be this beauty, there should be a beautiful trend of being one with each other....

What should the elders do to achieve that? What is our solid contribution to their lives? The first will be to tell them who is Shri Ganesha and what are the qualities of Ganesha, what does He represent.... Once they start understanding that – though being a little boy, He's so generous, He's so kind, He's so forgiving – they'll be amazed because they are also small and they'll also take to that kind of life.

I find some children very sensible, very good here. Some are naughty and some don't understand what we are doing here. Whatever it is, they are, after all, children. And what you have to do is to look after them, respect them and give them the full idea about Shri Ganesha.

the ones

You are grown-up only if you
can imbibe the qualities of Shri Ganesha.

I think everybody must have a statue of Shri Ganesha in their house so the children will see it and ask, “Who is He? What is He doing?” And you will be amazed how they will understand Him, how they will understand His qualities and how they will work it out. It is important for all of you to have at least one Shri Ganesha in your house so that you can tell your children that “You all have to become like Him.”

Now what are the qualities of Shri Ganesha? They won't understand chastity. They are too small. They won't understand all those qualities. But one quality they will understand is to be honest....

Gradually you will find all difficult ones will go down. It will work out that way because you see they don't understand My lecture, they don't understand what I am saying. But one thing is there – if there are some oppositions within, they will show – show very well. Because they are so innocent and so simple, their innocence will help them, expose them to reality.

I hope you all look after your children, guide them properly and take them to a level of understanding that they understand what is their position, what qualities they should have, why will they be respected. You'll be amazed that their behavior will change the behavior of all the other children.

What I have to say is that nobody should think that you are very grown-up because you can keep quiet, sit quietly and all that. You are grown-up only if you can imbibe the qualities of Shri Ganesha. I have seen people who are very grown-up still do not have the simple qualities of chastity, of honesty. They don't have and they can't have because they don't think it is important.

So I leave it to you to find out Shri Ganesha within yourself.

I enjoy their company because they're so innocent and so simple-hearted and I like them very, very much. So you should not get afraid or frightened of their mischief. On the contrary, you should know they deserve much more love, much more understanding and much more scope to grow.

I hope by the time they will be of your age, they'll be great Sahaja Yogis. They'll understand what we are doing here. I had to face mountains of nonsense with the older people, but these won't have that. They'll be very simple, very sweet and they'll understand love.

Delhi India

15 December 1983

parents &

What I am going to tell you today is a little about
the relationship of parents with their children and how it is supposed to be.

First of all, we develop two kinds of relationships with our children,

in that one is emotional and the other is responsibility.

Emotions and responsibility remain two different things.

children

Suppose there is one mother and her child learns or does something wrong. Still, because of emotions, she says, “All right, let him do it. Nowadays all children are like this. What to say to the child? Everything is fine.”

Another mother is there who wants to make her children dutiful and responsible. For that, she says to her children to get up early in the morning, be active, study hard, go to school on time, sit here, sit there, wear the clothes properly, etc. And she is always behind her child to correct him.

Now I should tell you that this is not integrated. Today in Sahaj Yoga we have integration. Both the things – emotion and responsibility – have to be integrated. There has to be integration, not combination.

The difference between combination and integration comes because our emotions should be responsibility and responsibility should be our emotions. Like we love our children – then we will say that because we love him, so it is our duty and responsibility that he should walk on the right path and he should walk on the right path because we love him. If we don't correct our child or don't tell him the right way to live, then it means that we are emotionally dominating. Then you say, “What is there in correcting them? Let it be. Let them do what they want. They will be hurt if we correct them or scold them. Why to hurt them?”

Another person will think, “No, even if they feel bad or get hurt, we have to purify them, cleanse them and make them shining.”

But when integration comes, then the person makes his own behavior and nature, such that it affects the child. For example, the father is a very lazy person. He is a drunkard, smokes and does all filthy things. The mother is very short-tempered, beats and scolds the children a lot, speaks harshly. Then all this affects on the children spontaneously. Then, even if you try to give them a thousand preachings, nice education, etc., they see what is your behavior. “How are these people?” Nothing is going to affect by teaching or telling the children. They learn by seeing. They see the behavior of their parents and learn. They see how you behave with others and how you behave with them, how you behave with each other. Children always keep noticing all this.

Emotion and
responsibility
have to be
integrated.

*translated from Hindi
reprinted from Nirmala Yoga magazine*



My eternal
love flows
towards you.

Integrated knowledge

There is a small story. There was one lady with a very bad nature. She had her old father-in-law. She used to give him milk in a very dirty utensil made of clay. The poor fellow used to drink in the same pot without complaining. The son of the lady used to take that milk and give it to his grandfather. One day that clay pot got broken. The child started crying loudly. The mother asked the child, “Why are you crying so loudly? What is there to cry for a small clay pot? If it has broken, it doesn’t matter.”

Then the child said, “Mother, I am crying because I am thinking that when you get old, then in which utensil will I give you the milk, as this dirty clay pot is broken.”

After listening this, the mother understood and said that “If another pot will be purchased, then you will not cry and give me the milk in that when I get old.”

So the children always keep on observing your behaviour and whatever you do affects your child deeply, rather than giving him big lectures about righteousness from morning until night. Therefore, all the Sahaja Yogis who are here and whose children are studying here should understand whether they have the integrated knowledge or not. After getting the integrated knowledge, one doesn’t feel bad if made to understand things and doesn’t get spoiled even if he is loved a lot.

My eternal love flows towards you all and I keep on telling you things and making you understand, but you have not got hurt, neither do you get spoiled. The reason is because it is done with integrated knowledge. If the children know that you love them with full heart, then even one scolding is enough. But instead if you always keep on scolding them, then they think that it is your habit to scold and they don’t pay attention or respect.

So the children should be handled very carefully and with love. In fact, I would say that you must keep them with love. If you find any bad behaviour in them or negative activity, then observe it three or four times and then peacefully sit with them and tell them that it is not good. You will be surprised to see that if you behave with them properly and with love, then they will be afraid to lose your love and will correct themselves fully. But if you have never shown your love to your child and always tried to correct him – “Keep this here, keep this there, arrange this, do like this, do like that,” etc. – then the children will think that it is your habit to always say like this and they will not give importance to what you say. So your behaviour has to be integrated.

The instruction of the spirit

In our country, we see that people speak lies, steal, do this, do that for their children. Even if they have to sell their country, they won't mind to do it for the children. And it is the reverse in the West, that they are not at all bothered to put water in the mouth if he is dying of thirst. Both these things are not integrated.

In the West, parents think that our carpet should not get spoiled, our door should be neat and clean, our car should be all right and the children should work. They are always behind their children to clean here and there. Here in India, we spoil the children. Especially the mother spoils the children very much. Sometimes even the father spoils the children.

So first of all, we should face ourselves and see why we are spoiling them. You should not love them in a way that they don't respect you or don't listen to you and they should not think that they can convince you and justify themselves. In this way, by giving them blind love, we spoil them and put them in a wrong direction. In the same way, by being too strict with them, we make our children such that they turn their faces from us. Then they don't want to look at your face.

In between these two things is Sahaj Yoga on our Sushumna. Therefore we should remain on Sushumna. Neither should we flow with too much love nor go with too much responsible behavior. We should flow with the spirit. And when you will move with the instruction of spirit, then you will see that you will be looked after and your children will also be looked after...

The same way is the condition of teachers. If teachers are irritable, short tempered, every time shouting, "This is bad, that is wrong," etc., then the children will get spoiled and become like them – materialistic. If teachers are over-indulgent and spoil them with love without being strict, then the children will also become like them. This is why teachers have a big responsibility to make their life such that the children learn and they have a great personality as an example for them. Children should remember in the future that they had a teacher who had this special quality in him.

So this work is of very great people. In ancient times there used to be a guru who used to be a realized soul and used to be a very great personality. This is why your *gotra* is Sahaja Yoga, which is your university. And our teachers from Sahaj schools should be qualified as Sahaja Yogis and also the students.

The best and extraordinary idealistic children should come out of this school after education. This doesn't mean that they will become very rich and very dominating personalities. But they will be such that they will become foundations of this world like Shri Ganesha is the foundation of this universe.

In the same way, we have to build many such foundations. This is why I am behind opening a school based on Sahaj Yoga....

I hope that all of you will cleanse and open your hearts and move in the direction that you will make your children idealistic personalities – and everyone will collectively do this.

How we have to remove the fighting and aggressive tendency in children and how to destroy the negative attitude of children, I want to teach you all who are the parents. But when this work will begin, then you will see how the parents will change and how the children will change. In the same way, the whole world can change. I don't see any other way. So you all must understand your importance....

I bless you all with the success.

Sahaja Yoga is
your university.

gotra: the ancestral university



I HAVE SO MANY CHILDREN ALL OVER THE WORLD,

apart from the ones whom I actually physically gave birth.

We have to think of all those today who are away from us,

thousands of miles, praying to God Almighty for their spiritual ascent.

One has to only pray for the spiritual ascent because,

as you ascend, you get all the rest of it....

If you decide that you have to ascend spiritually within,

then everything you have to receive –

all the blessings that God wants to shower upon you,

to make you the citizen of His great kingdom,

where you are no more judged,

you are no more chastised,

you are no more put to any test,

where you will reside in eternal love of God and in His glory....

Very deep down within us lies that source of joy.

So we have to go deep down within ourselves

and feel the joy of this Mother of yours, that I have within Myself.

Go deep down. It is there.

Enjoy it and then give it to others.

Like a fountain of joy, you should give.

CHILDREN ARE THE MOST INTERESTING THINGS IN THE WORLD.

For me roses are very beautiful, but children are the most interesting thing and they teach you so many things that you are surprised at their innocence. *Shri Ganesha Puja 2000*

They are coming from Innocence

You have to come up to a point when it has to click in such a way that you start feeling the awareness of that unbinding love. In the small children it clicks very fast because they're so innocent. *Switzerland 1983*

WHAT IS SO SWEET ABOUT THE CHILD is the innocence, the way he speaks, the way he talks, the way he behaves, the way he expresses his love. It's so simple, but it has something in the essence, this innocence of Shri Ganesha. Anywhere there's a question of children, the whole world gets worried about it. The whole world wants to solve the problem. If a child is in trouble anywhere, all over the world it will be circulated that such and such a thing is happening to such a child and everybody will be worried. If you just see a child anywhere, the faces change.... The expression changes automatically because that child is emitting that innocence without any deliberations, without any special way of doing it, but just spontaneously. *Shri Ganesha Puja 1995*



CHILDREN AND LOVE

WHEN WE ARE BORN AS CHILDREN, it is Shri Ganesha who is acting and we are very innocent. And it is such a powerful thing that, with this innocence, children survive under many circumstances. And we love them because they're innocent. We enjoy them because they're innocent.

Shri Ganesha Puja 2002

To love someone in a divine way is to first understand the value of innocence.... Christ has said that you have to be like children to enter into the kingdom of God. You are already in the kingdom of God, but you have to be like children – how innocent they are, how simple they are and they're happy with small, small things. They don't want something very extraordinary. It's very surprising how our love, which is actually enlightened by divine love, can change the whole world.

Birthday Puja 2002

Child means purity, innocence. With this innocence, we have to look towards ourselves and cover ourselves with it. This innocence is very lovable. If you look at children, the love you feel towards them is because they are innocent. They don't know cleverness, don't feel their importance, nothing at all. What do they know? They know that all these people are related to us. They are our brothers, sisters and everything. But how do they know this? That is the question. In the same way that these children know, we have forgotten that we are like an innocent child and that we have innocence within us.

Shri Krishna Puja 2003 (translated from Hindi)

Our main achievement should be that loving attention for children. All over the world, whether he belongs to your family or to some other family or has some sort of detached attention with you, still because he's a child, he's innocent. The innocence within itself, your own innocence, will try to protect.... If you cannot love children, you cannot love anything. I have not come across anyone so far who says that they don't love children – luckily. But maybe some might say, "We love flowers." Why? Why do you love flowers? Because they're innocent. Because that beauty of innocence is within them. You love nature – why? Because it is innocent. But the greatest innocence is seen among human beings who are Sahaja Yogis.

Shri Ganesha Puja 2001

AN INNOCENT CHILD KNOWS THE PROTOCOL. I remember there was a child who came to see Me in Oxsted and I said, "Let's go upstairs." So it was a small, little staircase of wood.

He said, "What? Is She going to go up without a red carpet?" This came into his head.

So for innocent children, the worship, everything is not ritualistic. It is heartfelt. You feel it from the heart, how to do the worship, how to show your love. It's a very sweet way an innocent person does it....

If you do it with your heart, with your open heart, innocently, anything is all right. It is the open heart which is necessary, not the closed heart....

It is so remarkable, even I have seen among children how they just want love. They don't accept anything else but love.

Shri Ganesha Puja 1993

If you cannot
love children,
you cannot
love anything.



INNOCENCE GIVES JOY TO PEOPLE. Anything said innocently, anything done innocently is very, very joy-giving. And in that, you see the person so transparent, so beautiful, that you enjoy that transparency and that sanctified innocence.

Shri Ganesha Puja 2000

We have to learn a lot from them because they're innocent, because they have the quality of innocence. So they are to be respected.

Shri Ganesha Puja 2002

The way we take to all odd things and bad habits, children never take. They know that it is bad. It should not be done. By their innocence, they know it should not be done. They may sometimes play with fire, do something like that, but once they're bitten by it, they'll never touch it. They're extremely fast in learning because that is the age they are. They're growing.

Shri Ganesha Puja 2002

A person who is innocent should not fear because God looks after innocent people. They're always protected. If anybody tries to harm the innocent, God protects them and that's how you have seen many children who fall from high stories they are saved.... It's not the child, but the innocence of the child that generates that feeling that we have to save them, that innocent, little thing which is having a problem.

Shri Ganesha Puja Germany 1993

There have been stories that children who have fallen from a very great height were completely saved. Nothing happened to them. Their innocence is such a powerful thing that it doesn't harm anyone who is not to be harmed. It has all the wisdom of the world, all the understanding of the world. And anybody who tries to harm the innocence, the world, the whole world – which may not have cared so much for innocence, might not have worshipped innocence so much – but they all stand, stand up against anybody who tries to harm the innocence. You can see in your own lives around you, anybody tries to trouble children – all of the them, whatever they are, whatever they are coming from, whatever may be their nationality – they all jump, all jump to control and to safeguard that child. What is it within us that makes us so very conscious to protect the innocence?

Shri Ganesha Puja 2001

The greatest sympathy comes when innocence is being challenged. And that's what human beings have. Within themselves they have the power, power of Shri Ganesha, which gives you that feeling, that capacity, that understanding that you have to protect the innocent – innocent children, innocent people.

Shri Ganesha Puja 2001

LEARNING FROM CHILDREN



INNOCENCE IS SOMETHING TO BE APPRECIATED, to be understood, to be enjoyed. Like you see animals are innocent, the children they are innocent, flowers they are innocent. Divert your attention to all these things.... Walking on the street, what is there to see? Best – it is all at three feet height, to see at three feet height all the flowers, all the beautiful grass. All the children, who are about three feet, are the best. You need not see people who are above that. Just see on three feet level. You can see the legs of somebody – that's all right – but you don't see the eyes of a person who is not innocent.

Shivaratri Puja 1991

What you enjoy is the beauty and the beauty with innocence are the children. If you see the children, you see the beauty. You see in them the innocent child.

Wamuran Australia 1994

Small children ... are extremely patronizing sometimes. They see their parents and this and that. So they come and tell you that "Don't worry. Everything will be all right. After all, God is there to look after you." And they can be extremely, extremely loving and kind and the way they talk, they will neutralize the whole thing. So we have to learn a lot from our children, from all the little babies that we have and that we ourselves should have that Ganesha Principle within us. With innocence, we should work it out. Innocence is the most intelligent thing and the most effective thing.

Shri Krishna Puja 1991

Innocence dissolves the ego. An innocent person cannot be aggressive and if the aggression is there, that is also a very loving aggression. Like a child would come and say that "Why don't you give my clothes to this boy?" And if you say, "Oh God, I paid so much money and you want to give it to this boy," so he'd say, "All right, next time again you buy for me, but let me give this to this boy" – innocently. Innocent children do not have a sense of possession. Also they do not hesitate to share their things if they're innocent. But if they're brought up in a way that they show that this is yours and this should be kept as yours, all the time put into his head "this is yours," then they start becoming possessive of their things. The best thing to enjoy life is to live with children and to be like them and to enjoy them. This is how our innocence gets nourishment.

Shri Ganesha Puja 1994

These small, little children, their Ganesha is awakened in them. Everybody's Ganesha is awakened when you are born.... Though Shri Ganesha is the child, but He is the giver of wisdom. So we can say our children are the givers of wisdom if we keep them on the line of wisdom. You listen to them, how they talk, how wisely they talk.

Shri Ganesha Puja 1990

We should have to learn so much from the children, how innocent they are, how simple they are. They are very generous and children will give away everything that they have – everything. They don't understand possession of things. Just imagine, if somebody likes something, "All right, have it." And they'll keep something for a person who likes something. They are wonderful people and we have to learn a lot from children. And their smiling faces and their joy should teach us how to behave because Ganesha shines through them very clearly.

Shri Ganesha Puja 2002



ONLY BY INNOCENCE YOU CAN TRANSCEND YOUR LIMITED IDEAS. I have seen parents who are extremely racist. Their children take to other people in no time. An innocent person is like that. He can just carry on with any type of person, without even thinking what sort of a colour he has, what sort of a face he has or what sort of hair he has done. These things do not matter. These are superficial. But children do not bother about superficial things. They just want to see the heart of the person. If the person is loving – whatever may be the race, religion, anything – children will jump.

Shri Ganesha Puja 1994

We have to learn a lot from our children, from all the little babies that we have and that we ourselves should have that Ganesha Principle within us.

With innocence, we should work it out.

Innocence is the most intelligent and most effective thing.

Shri Krishna Puja 1991

CHILDREN

SUPPOSING YOU'RE IN THE AIRPORT and it's late. The plane is late. All the others, all the older people will be very upset. But children will start playing with something which is in the airport, anything. A railing is there or steps are there, they will go up and down, enjoy this. They don't want to make a sort of a life miserable by just bringing everything to some meticulous definition. I've seen in the airport many a times, people just feeling very bored and terrible and while the children are running up and down and playing and enjoying and making friends with other children, whom they have never met. Only by innocence you can transcend your limited ideas.

Shri Ganesha Puja 1994

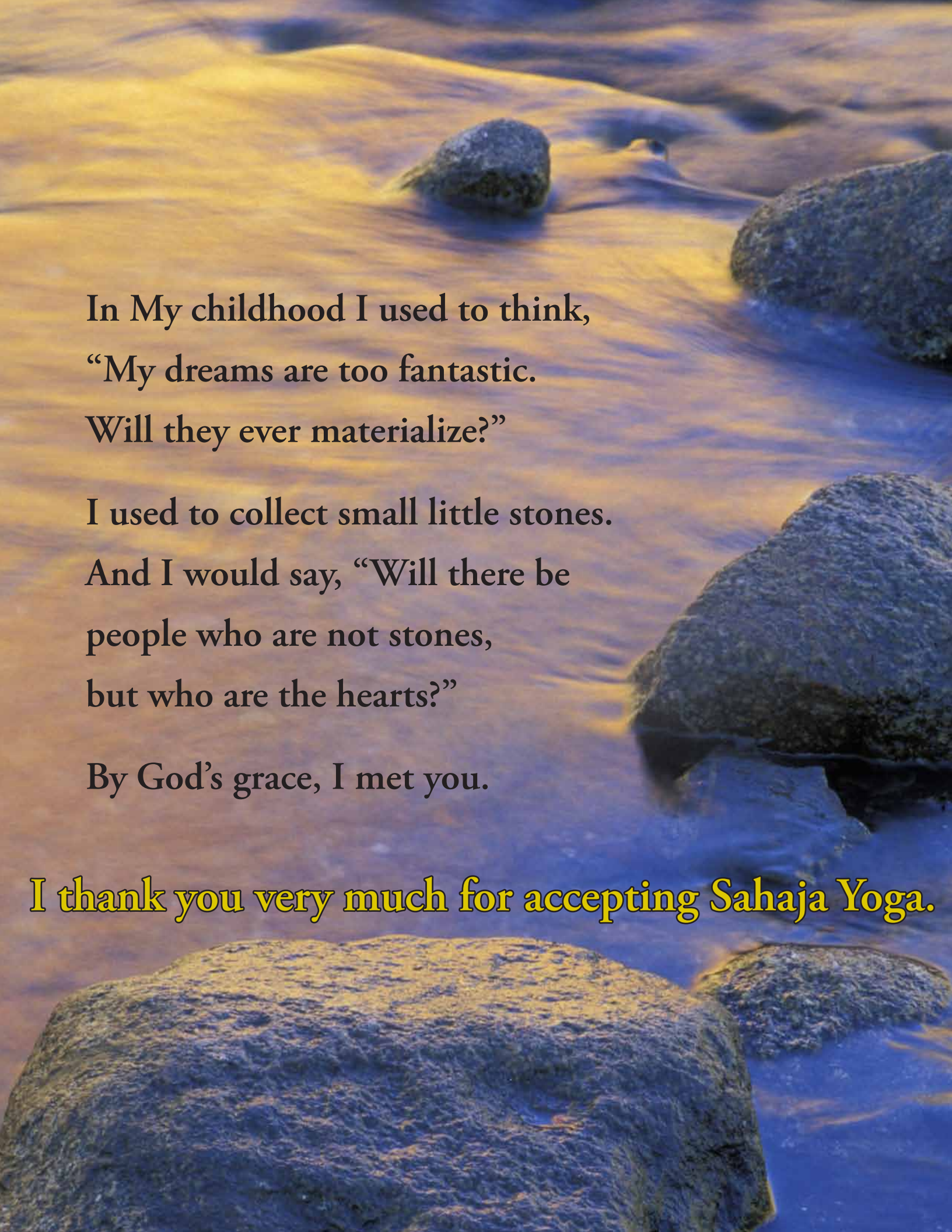
IF THEY HAVE AN INFLUENCE, very beautiful influence of proper family life, proper school life, proper guidance, proper love and help in every way in their growth, then children become extremely, extremely beautiful.

And I bless all the Sahaja Yogis to have children of that nature and to look after your children.

That's very important because they are tomorrow's Sahaja Yogis and they should be a better quality because you're coming from another lot.

They are coming from the innocence. *Shri Ganesha Puja 2002*





In My childhood I used to think,
“My dreams are too fantastic.
Will they ever materialize?”

I used to collect small little stones.
And I would say, “Will there be
people who are not stones,
but who are the hearts?”

By God’s grace, I met you.

I thank you very much for accepting Sahaja Yoga.

eternal Children



We have to become eternal

IN OUR ALL INDIAN LANGUAGES WE USE THAT WORD, *VATSALA*, for the feeling that you get when you see a little child. They have described Shri Krishna as a little child. They have described Shri Rama as a little child. Also Christ as a little child has been described in the Indian churches. Beautiful, very beautifully He has been described.

Sydney Australia, 5 April 1994

It's better that we should forget all of our past and become as a humble child. You have to be like children to enter into the kingdom of God. Just like children, have no ego or superego.

Darshan at Ashram, 25 March 1981

Children are tomorrow's citizens.

Who will groom them?

Who will bring them up? *Shri Adi Shakti Puja 2000*



YOU SEE HOW CHILDREN UNDERSTAND LOVE,
if you're nice to them, how they react.

Maybe sometimes they do not, but
ninety-nine percent of children I have seen,
they really react to love.... The value of My
love is so much understood by these little,
little children and so much they admire.

They want it. It has no material gain.

Ganesha Puja 1995

children of our Mother.

Shri Ganesha Puja 1990

A grandmother and a grandchild, they have a relationship ... of tremendous love. For them, the grandchild is everything and the grandmother is everything. They just love each other. Whatever the grandchild may do, whatever the grandmother may do, it's all right.... You feel elevated and you enjoy that love. If there is no purity and love, you can never, never enjoy love.

Birthday Felicitations 2002

They were not born out of the trees, but they were born here, from the parents. So it is the duty of the parents to tell them that this is wrong and this should not be done. It's a very wrong thing. You should correct them and that correction should be in a Sahaj way ... dealing with children, always make yourself an example, yourself part and parcel of that event.... They can give up everything, but not your love. If they know that you love them, they will not accept anything that will make you not love them. This is for definite because children are the best people who know about love. *Shri Krishna Puja 1997*

CHILDREN
AND LOVE

HOW THE CHILDREN AMUSE YOU – just see and watch how they come around, with little, little hands, how they work it out, how they know what is the right thing.

A child who is a realized soul is much more sensible than a grown-up person. I have seen that. Like my youngest granddaughter was about, I think, three years of age and the maid was folding My sari and by mistake she put it on the ground.

This child just couldn't bear it. She just lifted the sari, put it to her head and put it on the sofa. She said, "What do you mean by putting this sari on the ground? What do you know about my grandmother? She is the Goddess of Goddesses and you put Her sari on the ground. The dogs are going to bite you now," she said. "Be careful."

And she again went and took the sari and kissed it and kissed it and said, "Mother, forgive her. Grandmother, please forgive this woman. She doesn't know what she's done to You."

But that sensitivity comes from the depth of your chastity.

You listen to the children and you'll be amazed how they talk and what they say, how they behave, how they try to amuse you. *Shri Ganesha Puja 1985*

WE SHOULD HAVE UNDERSTANDING of such children who have that spirituality in them. They have dharma in them. And we should not try to constrict them or to trouble them. Let them do what they like. They never do anything wrong because they are born realized.... It should fit into Sahaj culture, to understand the value of our children who are realized souls. I enjoy their company. They speak so sweetly of all the things, of all the cultures and they describe about everyone so sweetly. Just allow them the freedom to talk and they'll tell you all kinds of things. *New Year Puja 1998/99*

The little child knows what is right, what is wrong, how to behave, how to understand the proper way of doing things. They are not taught anything, they are not conditioned, nothing, but they know how to behave and they are always looked after by the Divine.

I have known children who have fallen from great heights. Nothing happened to them and also no snakes and all these things don't bite children....

They are very simple, very simple-hearted and that's how they correct people.

Shri Ganesha Puja 2002

Children all the time, they think of their friends, what they can buy for others. "This is good for my friend." *21 August 1983*

Normally, if you see the children, they have their own natural, innate understanding. They know. If you see, normally, a good child would always like to share his things, would like to love another child. If there's another little child there, he would like to protect that child. Naturally, it won't think whether it has black hair or red hair or blue hair. Naturally, innately, a child feels that. *Sahasrara Puja 1992*





ONE BOY CAME AND HE JUST PROSTRATED HIMSELF BEFORE ME.

So, I said, "Why you did it?"

"Oh, I was getting cool vibrations, Mother, from You, so I did it."

"You like it?"

"Of course."

"More than chocolate?"

"Of course."

I was surprised. "What? You eat them or what?"

"No need to eat, oh no. You feel so happy inside and I feel, Mother, you are putting Your hand on my heart and trying to console me."

Surprised. "And where is your heart?"

He says, "Here. Here is my heart. I feel it here."

Just imagine what love and what understanding of Sahaja Yoga for these little children who are below even five years.

Now, you're all grown up children of mine and I want you to know all the beauties that are within you, that you have to enjoy.

Shri Krishna Puja 1997

SOMETIMES THEY HAVE A CONFERENCE WITH ME and they tell Me all about you people, what you are up to and they take Me into confidence completely and say that “Don’t tell Uncle or Auntie, but we’ll tell You this.”

And small, small things they say, that “Auntie was wearing the sari You gave her and then, you know, she put it on the ground.” All little, little things they know. So sweet they are....

*Without them the world would have been
like a desert without any flowers.*

Shri Ganesha Puja 1990

WE ARE UNIVERSAL BEINGS NOW. So your child is a source of joy. Every child should be the source of joy to you. Every child should be. Bachelors that way are better or the ones who are not yet married, they can enjoy everybody’s child nicely. But, when you are not a mother and a father, if you are enjoying, what is so creditable? When you become the parents and then you enjoy others’ children as much as you enjoy your child, then your generosity has started.

Easter Puja 1984

The greatest quality of Shri Ganesha is joy. It gives you joy. As small children, they may not speak even, but they cause so much joy....

You should be able to enjoy everything and to enjoy your children, enjoy the children of other people. That’s the sign of your being completely blessed by Shri Ganesh.

Shri Ganesha Puja 2002

All the children of the world, who are Sahaja Yogis, are your children. You are the parents of all the children. It’s not that if your child is sleeping, you cover that child. No, you cover all the children. You have to look after all the children who are lying down.... So every child has to be loved the same way, cared for by you.

Shri Hanuman Puja 1989

Everybody loves your children. They are the children of the whole society. We live collectively. We are not individualistic.... In Sahaja Yoga every child belongs to everyone and that is what we have to show in our life.

2 April 1994

They are your children, you think. They are not your children. They are the children of God.... If you just try to follow the will of God, your children will be looked after, everything will be looked after. You don’t have to worry.

Sahasrara Puja 1992

In a meditative mood you are alone. No one exists there – you alone. And once you enter into that ocean, then the whole world becomes your family. The whole world is your own manifestation. All the children become your children. And you treat all the people with equal understanding.

14 March 1983

ALL CHILDREN
ARE YOURS



Children never criticize. They never see these things – never. They'll just get into that house or any place and just enjoy it and see the good points of that house.... The house may be dirty, there might be a smell, anything, doesn't matter. See, so their eyes are towards nice things and good things. They don't sort of take to all these things.

Shri Ganesha Puja 2002

CHILDREN AND FAMILY

CHILDREN DON'T BELIEVE IN ALL THIS KIND OF A MASS NONSENSE OF A FASHION.... They're not bothered behaving in a mass way. So that means they're very independent, on their own. They are not slaves of any society. And they do not want to follow anything that is just generally followed. No, they follow their own pattern and live in a very dignified manner. They're extremely dignified and their sense of chastity is very well developed. They would not wear something that will expose their body or will show that there's something wrong with them....

Children should be given the first, the primary place in the household, in the family and they should be looked after by everyone.

Shri Ganesha Puja 2002

The real bank-balance of a Gruhalakshmi is her family and her children.... To create a proper home for your children is a very great work today.

Diwali Puja 2000

In the life of Shri Krishna, first it was shown that He was just like a small child, absolutely like an infant, not knowing anything. He did not think anything of Himself. He had His mother and He wanted to grow with the support of His mother. We should also look inside of ourselves and realize that we are like a small child as well.

Shri Krishna Puja 2003 (translated from Hindi)

CHILDREN ... DO NOT HAVE ALL THESE FUNNY IDEAS of impressing people with their unchaste life – none of them. On the contrary, children are very conscious and they want to become very chaste people....

You will learn from children, how they watch things and how they work it out, how they think. You'll be amazed how sensible they are and the very sensible things they say.

Like I met a child, so the child told Me, "I love the moon."

And I said, "All right. Now what's wrong with the moon?"

"Nothing, but it hides itself under the clouds all the time."

So I said, "Why does he do that?"

"Because he walks too much, so he's tired and he has to rest, all right, and that's why he does it. So if he doesn't walk so much, if he keeps steady, he won't have to do it."

Shri Ganesha Puja 2002

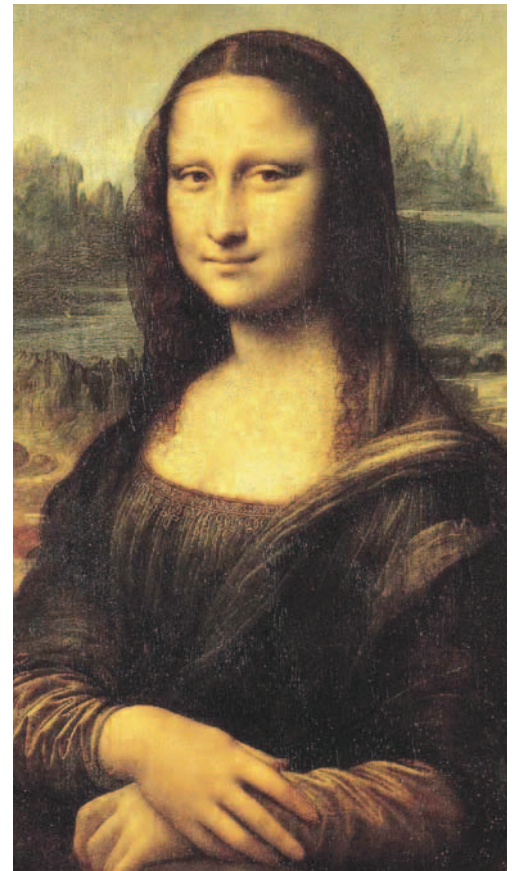
IF YOU SEE MONA LISA ... she cannot be an actress. She cannot win any beauty contest.... Her face is very serene, very motherly; very pure, her eyes. And why is it that she is eternally so much appreciated? The reason is there is Ganesha Principle in her. She's a mother. And the story about that one is that this lady had lost her child and she would never smile. She would never cry. And one little child was brought to her and when she saw the child, then the smile that came on her face – of her love for the child – is being depicted by this great artist and that's why people are appreciating it....

In the West, though the people don't show much interest in the mother-child relationships, anywhere you go the mother and child thing is the best. They'll show you photographs, "This is mother and child. This is Christ's mother and child. When the Christ was brought down, the mother is there." They have to have mother and the child principle acting, otherwise that picture is not regarded as something great. Or you have to have actually Christ, who is a Ganesh Principle Himself to be sure....

Despite the fact people have lost their morals, but still they would like to have Rembrandt, they like to have Leonardo da Vinci, they would like to have such artists who have done mother and child. It's very surprising....

So this principle is the most pleasing principle, is the most pleasing principle for human beings, to see the children, to play with them, to enjoy their company. Why? Because it has that sweetness of a child. It really, I should say, tickles joy within you when you see a child. Immediately the face becomes different.

Shri Ganesha Puja 1989



To progress, we need to leave the bad things behind. First of all, we need to have a childlike temperament.

Now if we say to somebody that "you should become childlike," it is a very difficult thing to do. We cannot just leave whatever we are and become childlike. But living with children, having respect for them, listening to how they talk can make a big difference and we change all the things within us.

Shri Krishna Puja 2003 (translated from Hindi)

I have seen some little children also. They are so grown up and so sensible that sometimes I am amazed. They are great saints reborn. They're great people who are reborn.

Birthday Puja 2001

LEARNING FROM CHILDREN

LIKE A CHILD ABSORBS THE MILK OF THE MOTHER without questioning, without reasoning, that's why Christ has said, "You have to become like children." But if you are questioning, then you are no more a child.

So the first state which you have to develop is a childlike state, but a child which is a real-ized child, which has to have a gravity. If you can develop childhood first, then everything takes a proper course. Because maturity cannot take place unless and until you start from the very beginning. And gravity means maturity, not frivolousness.

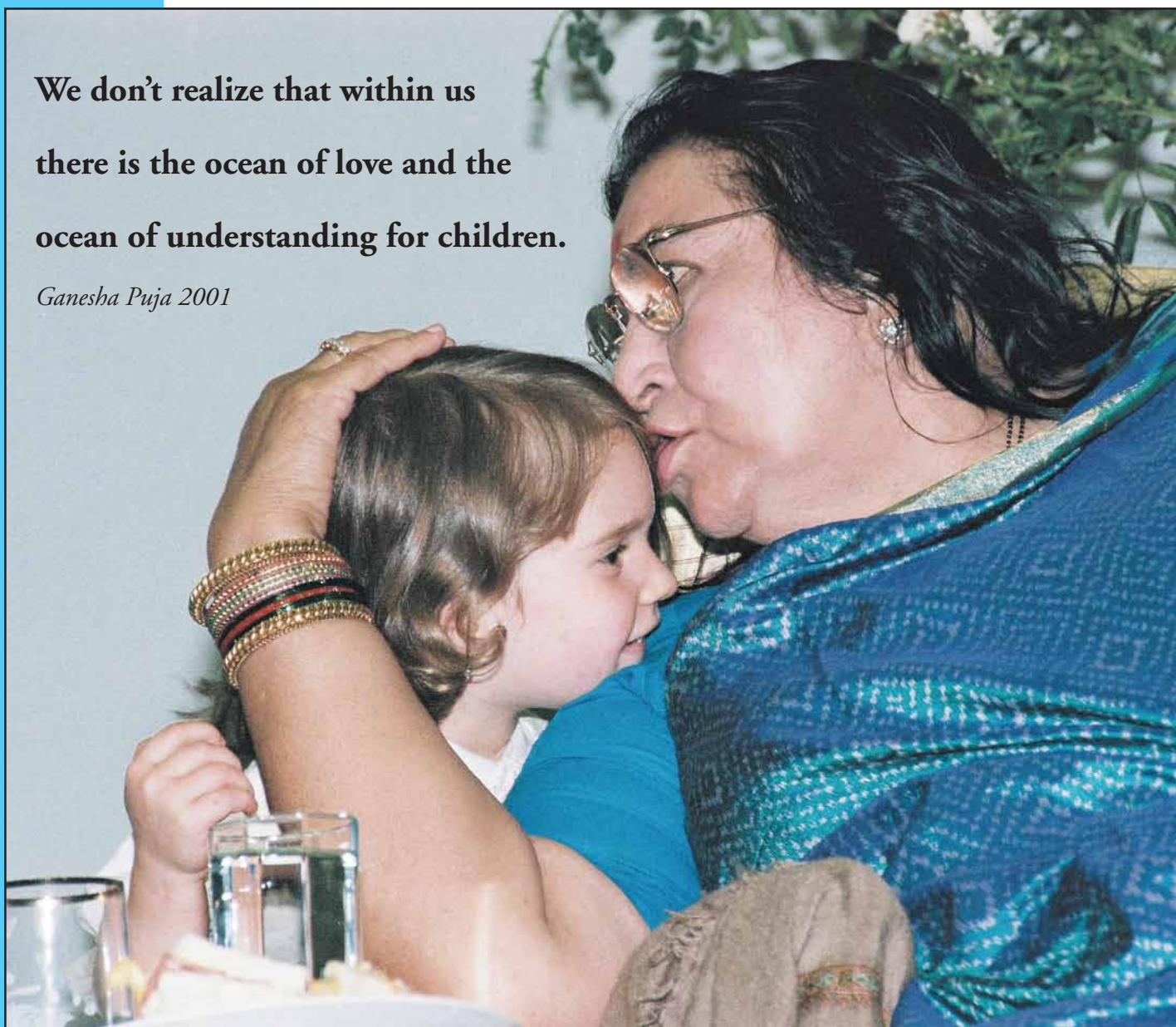
Guru Puja 1984

If children are told about their gravity, about their dignity, about their greatness, they will immediately develop it with a great pride that we are something special and that we have to have this gravity within us.

Ganesha Puja 1992

**We don't realize that within us
there is the ocean of love and the
ocean of understanding for children.**

Ganesha Puja 2001



YOU ARE ONLY STILL SMALL CHILDREN and, like small children, you must have a very clean heart to accept, to absorb the beauty of peace that is within you and also the beauty of purity. Without purity you cannot enjoy.

Birthday Puja 1997

Just like Yeshoda falling at the feet of the little child, you have to fall at the feet of the child that is within you.

Diwali Puja 1983